Penn State®

WOMEN'S VOLLEYBALL

BIG TEN CENTENNIAL™

1995

PennState

1995 SCHEDULE

			NACWAA Classic at Nebraska	
Aug.	25,	Friday	Stanford vs. Cal State-Northridge	5:00 p.m.
			PENN STATE vs. Nebraska	7:30 p.m.
Aug.	26,	Saturday	Championship/Consolation Matches	12:00/2:30 p.m.
			PENN STATE-TOFTREES CLASSIC	
Sept.	1,	Friday	West Virginia vs. Washington	6:00 p.m.
			PENN STATE vs. LSU	8:00 p.m.
Sept.	2,	Saturday	West Virginia vs. LSU	10:00 a.m.
			PENN STATE vs. West Virginia	1:00 p.m.
			LSU vs. Washington	4:00 p.m.
			PENN STATE vs. Washington	7:30 p.m.
			Lobo Classic at New Mexico	
Sept.	8,	Friday	Oregon State	5:00 p.m.
Sept.	9,	Saturday	Iowa State	10:00 a.m.
Sept.	9,	Saturday	at New Mexico	7:00 p.m.
			PENN STATE INVITATIONAL	
Sept.	15,	Friday	Connecticut vs. St. Bonaventure	6:00 p.m.
			PENN STATE vs. Lehigh	8:00 p.m.
Sept.	16,	Saturday	**PENN STATE** vs. St. Bonaventure	10:00 a.m.
			Connecticut vs. Lehigh	1:00 p.m.
			Lehigh vs. St. Bonaventure	4:00 p.m.
			PENN STATE vs. Connecticut	7:30 p.m.
Sept.	22,	Friday	at Indiana*	7:30 p.m.
Sept.	23,	Saturday	at Illinois*	7:30 p.m.
Sept.	29,	Friday	**MINNESOTA***	7:30 p.m.
Sept.	30,	Saturday	**WISCONSIN***	9:00 p.m.
Oct.	4,	Wednesday	at Ohio State*	7:30 p.m.
Oct.	6,	Friday	**GEORGE MASON**	7:30 p.m.
Oct.	7,	Saturday	**IOWA***	7:30 p.m.
Oct.	13,	Friday	at Purdue*	7:30 p.m.
Oct.	14,	Saturday	at Northwestern*	7:30 p.m.
Oct.	17,	Tuesday	**DUKE**	7:30 p.m.
Oct.	20,	Friday	**MICHIGAN***	7:30 p.m.
Oct.	21,	Saturday	**MICHIGAN STATE***	7:30 p.m.
Oct.	27,	Friday	at Wisconsin*	7:00 p.m.
Oct.	28,	Saturday	at Minnesota*	7:00 p.m.
Nov.	1,	Wednesday	**OHIO STATE***	7:30 p.m.
Nov.	3,	Friday	at Iowa*	7:30 p.m.
Nov.	10,	Friday	**NORTHWESTERN***	7:30 p.m.
Nov.	11,	Saturday	**PURDUE***	7:30 p.m.
Nov.	17,	Friday	at Michigan State*	7:30 p.m.
Nov.	18,	Saturday	at Michigan*	7:30 p.m.
Nov.	24,	Friday	**ILLINOIS***	7:30 p.m.
Nov.	25,	Saturday	**INDIANA***	7:30 p.m.
			NCAA Championship	
Nov.	29,	Wednesday	First round at campus sites	
Dec.	2-3,	Sat. — Sun.	Second round at campus sites	
Dec.	7-10,	Thur. — Sun.	Regionals at campus sites	
Dec.	14,	Thursday	Semifinals at Massachusetts	
Dec.	16,	Saturday	National Championship at Massachusetts	

**Big Ten Conference matches; times local to site.*

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PennState

1995 WOMEN'S VOLLEYBALL YEARBOOK

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QUICK FACTS

Location: University Park, Pa.
Founded: 1855
University Park Undergraduate Enrollment: 31,500
Conference: Big Ten
Colors: Blue & White
Nickname: Lady Lions
Home Court: Rec Hall (6,846)
Athletic Director: Tim Curley
Associate Athletic Director (Women's Sports): Ellen Perry
Assistant Athletic Director (Women's Sports): Susan Delany-Scheetz
Head Coach: Russ Rose (George Williams, 1975)
His Penn State Record: 528-106 (16 years)
Assistant Coaches: Erin Tomblin, Mike Schall, Jen Reimers & Leanne Kling
Office Telephone: 814-863-7474
Starters Returning/Lost: 2/4
Letterwinners Returning/Lost: 10/4
1993 Record: 31-4
1993 Big Ten Record/Finish: 17-3/2nd
Co-Captains: Angie Kammer & Zeynep Ton
Cover: The Recreation Building or "Rec Hall" atmosphere gives Penn State a distinct home court advantage.

RUSS ROSE
Head Coach

1993 Volleyball Monthly National Coach-of-the-Year
1990, '92, '93 & '94 NCAA Mideast Region Coach-of-the-Year
1992 & '93 Big Ten Conference Coach-of-the-Year

During the national telecast of the Penn State-Ohio State match at Rec Hall last year, an ESPN cameraman had just taken a shot of Lady Lion volleyball coach Russ Rose. Stoic and unanimated, the coach had just witnessed his team commit service errors on its first two attempts at game-point.

"And still no reaction from Russ Rose," ESPN commentator Drew Goodman remarked with a laugh. "You wouldn't know if they were winning or losing."

But the coach's unassuming demeanor has become a necessary signature for the successful teams he has produced at Penn State. Looking at his expressions during a match may give no hint to whether his team is winning or losing. But rest assured — the Lady Lions probably are winning.

In 1994, Rose coached the Lady Lions to a second-straight NCAA Final Four appearance and picked up his 500th win at Penn State early in the season. Placing second in the Big Ten (the lowest the team has finished since joining the conference in 1991), he led his team to a 17-3 Big Ten mark, upping the school's four-season conference record to 69-11 (86.3 winning percentage).

The Lady Lions posted a 31-4 ledger last year and ended the regular-season ranked No. 5, their highest regular-season finish ever. =Season highlights included beating national runner-up and perennial powerhouse UCLA at the *Volleyball Monthly* Invitational, stunning No. 1-ranked and undefeated Nebraska in Lincoln in front of a full house at the Mideast Regional final of the NCAA Tournament and again reaching the NCAA semifinals.

And despite having only one returning senior and two returning starters this year, Rose hesitates to call this a rebuilding season.

"I never really look at teams that way," he said. "You take the cards that you're dealt and you play out the hand. Sometimes you bluff, sometimes you take a hit, and sometimes you get a great walk-on or somebody who you didn't anticipate stepping up and taking the team on their shoulder."

An outlook that befits Rose's poker face on the sidelines during a match. But all analogies aside, the coach is optimistic about what his team can accomplish this year.

"I want the kids to have a good experience — I want them to enjoy the opportunities available at Penn State, but clearly I want them to know that they've come to a competitive program and a disciplined program and we're going to work hard," he said.

"We're not fanatics, and I want them to be happy. It's clearly easier to be happy when you're winning than when you're losing. So, I'll have to provide them with opportunities to remain healthy enough to see if we can make a run at winning matches."

Something that has never been a problem for the coach. In his 16 seasons at Penn State, Rose's record is 528-106, an 83.3 winning percentage that ranks among the top five all-time nationally! His squads have secured 30 or more wins in a season 12 times and 36 or more victories five times. Last year was the fourth time in the last five seasons he has garnered NCAA Mideast Region Coach-of-the-Year honors.

Rose has had more to do with Penn State's success on the court than he's willing to admit. The aforementioned awards and Penn State's winning percentage over the last 16 seasons attest to that.

"I don't think it means anything special to me," admitted Rose on reaching the half-century victory mark. "If I had to stop coaching once I reached 500 wins, then it certainly would take on an entirely different meaning. I think that it's a reflection of my years of service and the caliber of players and staff we've had in the past.

"I have other things that I'm prouder of than the number of victories I've accounted for. I think it's nice because it's a reflection of a successful program, but we have to worry about the 500th victory as much as we have to worry about the 501st victory."

In 1993, another dream season, the Lady Lions surged into their third year of Big Ten play and won their second consecutive conference title. At the NCAA Tournament, the team strung together four victories and earned the right to play for the National Championship against Long Beach State. The leader behind the success was Rose.

ROSE'S PENN STATE RECORD

Season	Record	Conference Finish	National Finish
1979	32-9	3rd, EAIAW	—
1980	34-11	1st, EAIAW	13th, AIAW
1981	44-5	1st, EAIAW	9th, NCAA Mideast Region Semifinal
1982	26-15	2nd, Atlantic 10	13th, NCAA First-Round
1983	36-10	1st, Atlantic 10	9th, NCAA Mideast Region Semifinal
1984	30-6	1st, Atlantic 10	9th, NCAA Mideast Region Semifinal
1985	31-5	1st, Atlantic 10	13th, NCAA First-Round
1986	38-5	1st, Atlantic 10	9th, NCAA Mideast Region Semifinal
1987	27-9	1st, Atlantic 10	17th (tie), NCAA First-Round
1988	36-4	1st, Atlantic 10	17th (tie), NCAA First-Round
1989	34-7	1st, Atlantic 10	17th (tie), NCAA First-Round
1990	44-1	1st, Atlantic 10	5th (tie), NCAA Mideast Region Final
1991	26-6	2nd (tie), Big Ten	9th (tie), NCAA Mideast Region Semifinal
1992	28-4	1st (tie), Big Ten	9th (tie), NCAA Mideast Region Semifinal
1993	31-5	1st, Big Ten	2nd, NCAA Championship Final
1994	31-4	2nd, Big Ten	3rd (tie), NCAA Championship Semifinal

Penn State Record: 528-106, 16 seasons, 83.3 winning percentage.
Big Ten Record: 69-11, four seasons, 86.3 winning percentage.

ROSE'S CAREER HIGHLIGHTS

- ❑ 1990 & 1993 *Volleyball Monthly* Division I National Coach-of-the-Year
- ❑ 1990 AVCA National Coach-of-the-Year
- ❑ 1990, 1992, 1993 & 1994 NCAA Mideast Region Coach-of-the-Year
- ❑ Four-time NCAA Northeast Region Coach-of-the-Year
- ❑ 1992 & 1993 Big Ten Conference Coach-of-the-Year
- ❑ Six-time Atlantic 10 Conference Coach-of-the-Year
- ❑ Ranks in the top five all-time in winning percentage (86.3)
- ❑ Has led Penn State to 14 consecutive NCAA Tournaments
- ❑ Five straight appearances in the NCAA Mideast Regional
- ❑ Coached Penn State to the 1993 Big Ten title
- ❑ Steered the Lady Lions to a share of the 1992 Big Ten title
- ❑ Directed Lady Lion teams to eight straight Atlantic 10 Championships
- ❑ Never lost an Atlantic 10 regular-season match (49-0)
- ❑ Selected to coach U.S. National teams in international competition numerous times
- ❑ At least one of his players has earned All-America honors 15 of his 16 seasons
- ❑ Boasts 27 Academic All-Big Ten selections

The Rose family.

THE ROSE COACHING PHILOSOPHY

Russ Rose has taken Penn State from the regionally competitive level to that of a perennial National Collegiate Athletic Association Tournament team since he took over the Penn State women's volleyball program in 1979.

The development has been complete and successful, because of excellent talent and an equally sound method.

Following is "The Rose Coaching Philosophy:"

Coach's Role

"I believe the coach has various roles that require constant control and attention.

"First, and foremost, is the recruitment of quality student-athletes. With good coaching, student-athletes become the real key to a team's success.

"Secondly, we as a staff have to relate to the players what we feel is important for their growth and success. All the knowledge in the world will prove to be useless if you can't prepare your team for competition.

"Third, we have to prepare the team both physically and mentally. The physical preparation is easy as the Penn State environment encourages the pursuit of excellence. The mental aspect of our players' development is one of the keys that I feel separates us from our competition.

"Through our admission to the Big Ten Conference, Penn State has made a commitment for us to play the best teams available. We regularly compete before some of the largest crowds in the country. The Big Ten has led the nation in attendance the last five seasons.

"Outside the Big Ten, we play a competitive non-conference schedule. We continually strive to meet teams during the regular-season that have advanced to the national championship.

"I believe that the only way to see where our team is and where we aspire to be, is to play the best teams available. This season, we will start at the prestigious NACWAA event against Nebraska and have some major tests the first three weeks of the season."

Fundamentals

"I believe that you need to have good, sound, basic fundamentals if you hope to be competitive. The success of any team is based on an athlete's commitment to fundamentals. I will never sacrifice the time necessary to develop a strong foundation. This is where a team's discipline and confidence is first introduced and developed."

Team Play

"In my opinion, volleyball is the ultimate team sport. You must communicate and sacrifice to be successful. All players must possess a wide variety of skills and be willing and able to play together. My approach is to select the best combination of players who will play together and at the same time seek to fulfill their own roles.

"The team that is willing to emphasize the pursuit of excellence at its own personal expense is the team that most often succeeds. Our last two seasons, where we advanced to the national semifinal and championship, reinforce those beliefs."

He quietly heads the Lady Lions and is always able to put success in proper perspective.

"There's a large number of excellent coaches at great schools that have yet to break into the Final Four and there's a lot of teams that have made it to the Final Four but have never gotten to the final match. I won't look at it (reaching the final match) other than it was a great ride that the players took us on and it reinforced that there's validity on how I've run the program here at Penn State.

"The kids need to understand what it takes to be successful and they need to have fun. We showed that winning can be fun and that it isn't necessary to be in a stressful environment."

Rose's analysis of success was recognized by the media and his coaching peers when he garnered the triple-crown of coaching accolades in 1993 as he did in 1990. *Volleyball Monthly* named Rose the National Coach-of-the-Year and he also was picked as the NCAA Mideast Region and the Big Ten Conference Coach-of-the-Year.

It was the second time Rose was honored nationally (1990), and the second-straight year the Big Ten voted for the Lady Lion leader. In addition, he has been awarded Northeast Region Coach-of-the-Year four times and Atlantic 10 Conference Coach-of-the-Year six times.

If his accomplishment hardware doesn't tell the complete story about the type of person and coach Rose is, his pupils certainly do.

"Coach is a great guy," confided last year's co-captain Salima Davidson, who currently is training with the U.S. National team. "He's very straight-forward and to the point, which is what I like. The thing about him is that you can talk to him and he can help you with any problems you might have. Then, on the court, he's all business. I like that combination."

So does former Lady Lion outside hitter Jen Reimers. One of last year's four talented seniors, Reimers will serve as an undergraduate assistant this season.

"You learn how to be a better person and a better player," she said about Rose's teaching ability. "You learn how to work with everybody else."

It seems as though the majority of the athletes under Rose have the same feelings. Last season, three Lady Lions received first-team All-Big Ten recognition. The 12-member team featured setter Davidson, the 1993 Big Ten Player-of-the-Year, in addition to middle blocker Saundi Lamoureux and outside hitter Laura Cook. Outside hitter Zeynep Ton was one of eight players to receive honorable-mention all-conference honors.

Seven players earned Academic All-Big Ten honors, while Ton was voted a first-team GTE/CoSIDA Academic All-American.

Penn State never has won fewer than 26 matches in a season under the direction of Rose. Even a move to the powerful Big Ten Conference has not lowered the Lady Lions' victory count.

Penn State experienced unprecedented success in the Atlantic 10 Conference, winning eight straight championships. In seven seasons of round-robin play, the Lady Lions never lost a conference match, reeling off 49 consecutive wins. The 1990 season was Penn State's last in the Atlantic 10 and it proved to be one of the most exciting in the 18-year history of the program.

Unbeaten in 42 regular-season matches, the Lady Lions swept Purdue and Big Ten champion Wisconsin in the first two rounds of the NCAA Tournament. Of the team's 44 wins, 40 were sweeps, a school and national record. Penn State, 12-0 against NCAA Tournament teams, lost to Nebraska in four games in the Mideast Region championship match in Lincoln.

Penn State finished sixth in the final 1990 Tachikara Coaches Poll, the program's highest final ranking ever to that point.

Three Lady Lions — JoAnn Elwell, Michelle Jaworski and Noelle Zientara — were named All-Americans by the AVCA and *Volleyball Monthly*.

An eight-time nominee for national Coach-of-the-Year, Rose garnered the Atlantic 10 Coach-of-the-Year award in 1984, 85, 87, 88, 89 and 90.

Throughout his career, Rose has been called upon to share his expertise with the coaches and players who represent the United States in international competition. In 1989, he was an assistant coach with the United States men's national team for an exhibition series with Canada and the Soviet Union. His work on the international scene was to have continued in July of that year, but personal commitments and time constraints prevented him from accepting the position as head coach of the U.S. women's team to the Maccabiah Games.

In 1990, Rose worked with members of the men's national and developmental teams during training camp in San Diego. In 1993, he assisted in the U.S. men's matches with Canada and the women's against China.

An instructor in the USVBA coaches certification program, Rose has served as a national referee and evaluator and state director for volleyball for the Special Olympics.

Team Defense

"Team defense is one of the aspects of coaching that I really enjoy. The pursuit of the ball in a game can only occur through preparation and repetition. I believe that everyone in the program has to rally around certain concepts. At Penn State, we play hard, controlled defense, which means every player pursues every ball or they are taken out. I believe if you train hard, then the game appears to be easy. Our defensive philosophy is to keep every ball in play — every day of each season. We have shown this works over the long haul as well."

Student-Athlete

"The term student-athlete is a very valid one here at Penn State and in the Big Ten. We recruit not only quality athletes, but quality students as well. There is no question in my mind that the well-rounded individual will be better prepared to deal with the challenges faced in life. The programs available at Penn State are geared for success. The opportunity to pursue your potential, both academically and athletically, is in place and working well at Penn State.

"I demand a commitment both to academics and athletics. I take great pride in the fact that every young woman who has entered our program and completed her playing eligibility has received or is on target to receive her degree. Rankings of the 29 athletic programs on campus reveal that the women's volleyball team annually posts one of the highest cumulative grade-point averages. With proper emphasis on the importance of maintaining high academic standards, I know we will achieve continual success."

Penn State University

"I am very optimistic on the future of Penn State women's volleyball and don't think there is any place in the country I'd rather be. The community has supported us during our development and the university commitment is to be the best in everything it offers, from academics to athletics."

The Big Ten Conference

"The Big Ten is one of the premier athletic conferences in the nation. It is a conference fully committed to the pursuit of excellence. The opportunity to play in the Big Ten truly enhances our program. The excitement generated by the athletes and fans at matches is great for the sport. It's a great environment in which to compete."

Rose was a member of the NCAA Division I Volleyball Committee for six years and the NCAA representative to the United States Volleyball Association Rules Committee.

Rose served as head coach of the U.S. men's team, which won the bronze medal at the 1985 Maccabiah Games, and the U.S. women's silver medal team in the 1981 Maccabiah Games. He won bronze medals as an assistant coach of the women's team in the 1982 National Sports Festival and as the East women's head coach at the 1983 Festival.

An active clinician, Rose coached professional men's volleyball in Puerto Rico in 1976.

Players are not the only ones to benefit from Rose's tutelage. Penn State's last two assistant coaches — Cindy Harris and Karin Wallenstein — have gone on to head coaching positions at the Division I level. Nearly 20 individuals within the college coaching fraternity have gained instruction from Rose.

A 1975 graduate of George Williams College, Rose was a member of the school's team that won the 1974 National Association for Intercollegiate Athletics national championship. He was the captain of the 1975 team that finished third in NAIA competition.

After graduation, Rose remained at George Williams for two years as a part-time coach, helping the women's team win two state titles and place sixth in national competition. He also assisted the men's team that won another national championship in 1977.

In 1978, he completed his master's degree at Nebraska, where he was the defensive coach for the Cornhusker women. While writing his thesis on volleyball statistics, he led the second team to a two-year mark of 52-5.

In 1986, Rose married Lori Barberich, a former three-time All-American at Penn State. They are the parents of four sons, Jonathan, Michael, Christopher and Nicholas.

Erin Tomblin
Assistant Coach

Erin Tomblin is two-for-two in NCAA Final Four appearances as an assistant coach at Penn State. The Lady Lions reached the Final Four in 1993 —Tomblin's inaugural season — for the first time in the history of the program and repeated the accomplishment last year.

"I think maybe Erin's been our lucky charm," grinned head coach Russ Rose. "Maybe we needed somebody new to give us that championship taste."

Her teaching abilities and contributions towards continuing Penn State's distinguished history has not gone unnoticed by Rose.

"I think Erin deserves a great deal of the credit with the development of (redshirt freshman setter) Samantha Spink," said Rose. "As a player, Erin was a good setter and was instrumental in developing game plans and executing them. I think she understands the game very well and her selection to coach with the USA Junior National team attests to her future coaching."

Tomblin brings a distinctive West Coast flair to the Lady Lion program. As an undergraduate at San Diego State, Tomblin served as team captain and was voted Most Valuable Player in 1989. Before transferring to San Diego State, she competed for two years at United States International University. In addition, she was a member of the Asics Tiger Junior Volleyball Club for six years and was selected the Most Valuable Player at the Junior National Tournament in 1985, when her team won the title.

After earning a bachelor's degree in liberal studies, Tomblin coached at the University of San Diego from 1990-92. Before accepting the post at Penn State, she served as an assistant coach at Cal State-Northridge.

Tomblin, who holds a master's degree in human behavior from National University in San Diego, also was on the coaching staff of the San Diego Volleyball Club from 1990-92.

Tomblin boasts considerable experience in the areas of recruiting, scheduling, budget preparation, planning and coordination of practices, fund raising, and the development of weightlifting and conditioning programs.

Michael Schall
Assistant Coach

Next to head coach Russ Rose, Michael Schall is the most veteran member of Penn State's women's volleyball coaching staff.

Now in his fifth season as an assistant, Schall earned four letters as a defensive specialist on the Nittany Lion volleyball team. A two-year co-captain, Schall played in every match during his career. He was a member of three EIVA championship teams and advanced to the NCAA Final Four three times.

Schall, a native of Latrobe, Pa., earned his degree in the teaching option of the exercise and sport science curriculum.

"Mike is clearly a major contributor to the success of our program," noted coach Russ Rose. "He fills in the gaps and every weakness that I have, so we compliment each other quite well. Mike's a tremendous opponent for our team to play against when we're preparing for an opposing team. He is very enthusiastic and loyal to Penn State volleyball and will be a great coach."

"I think we have one of the top staffs in the nation and each of us brings something different to the drawing board. Erin coordinates recruiting and demonstrates a fiery competitive nature in player development and practice.

"Mike is a very patient teacher with a great volleyball background in which to draw from and he provides stiff competition in every drill.

"The ability to have our former players assist with the program has really made the transition for our younger players an easier one as they have always provided encouragement and empathy for how hard it is to become your best."

— Russ Rose

Jen Reimers
Student Assistant

Jen Reimers will be a crucial addition to the Penn State coaching staff this season. As a player for the Lady Lions the last four years, Reimers helped further establish the reputation of the program. She was a starter for three years and was on two Final Four squads and collected two Big Ten Conference championship rings. In addition, Reimers was a member of Penn State's equally successful basketball team that captured a pair of Big Ten co-titles.

A native of Lincoln, Neb., Reimers was named to the 1993 Final Four All-Tournament team, as well as being a Mideast All-Region selection. She also was an All-Big Ten selection in 1993, a year in which she garnered the Big Ten Player-of-the-Week honor three times in a one-month period. From 1992 to 1994, she was an academic all-conference selection.

But Reimers will bring more than just honors to the coaching staff.

"Jen was a very determined, intelligent athlete," said coach Russ Rose. "She came to Penn State as the top basketball player in the state of Nebraska and maybe left the University as the top graduating volleyball player in the state of Nebraska. I think she really developed here as a player and as a person. The fact that she had the opportunity to win four Big Ten championships in the two premiere women's sports in volleyball and basketball says a lot about what she can do from a leadership standpoint and her numerous contributions."

Leanne Kling
Volunteer Assistant Coach

Leanne Kling is in her third season as a member of the Penn State coaching staff. Her experience and leadership on the sidelines obviously is an invaluable asset to the program, as the team has advanced to the NCAA semifinals the last two seasons.

As a senior at Penn State in 1992, Kling, a middle blocker, was recognized as a first-team All-American by the American Volleyball Coaches Association and a second-team pick by *Volleyball Monthly*. She also helped Penn State claim its first ever Big Ten Conference title.

After spending several months with the U.S. National team, followed by playing professionally in Italy, Kling returned to Penn State to finish her studies and work with the Lady Lions as a student assistant. She played a role in helping the Lady Lions on the road to the Final Four in 1993.

A three-year starter, Kling was voted Big Ten Player-of-the-Year her senior season and, for the second straight year, also received first-team all-conference recognition. She also was a first-team All-Mideast Region pick for two straight seasons.

As a senior, Kling led the Big Ten in kills per game (4.45) and ranked ninth in aces per game (0.39) and 12th in hitting efficiency (.285). For the season, Kling totaled 423 kills, 114 blocks, 32 service aces and 196 digs. Her hitting percentage was .285.

Both Kling and setter Salima Davidson competed at the 1993 World University Games.

Kling was listed as an honorable-mention All-America by *Volleyball Monthly* after her junior season in 1991. As a sophomore, Kling ranked second nationally to teammate JoAnn Elwell with a .437 hitting percentage, the eighth-highest average in NCAA Division I history. She was voted first-team All-Atlantic 10 and second-team All-Mideast Region.

Kling is a native of Orrstown, Pa.

"As a product of the program, Leanne is a great role model for the players on the team," head coach Russ Rose said. "Leanne was not highly recruited on the national level, but she came in here and developed into an All-American, Big Ten Conference Most Valuable Player and U.S. National team member."

SUPPORT STAFF

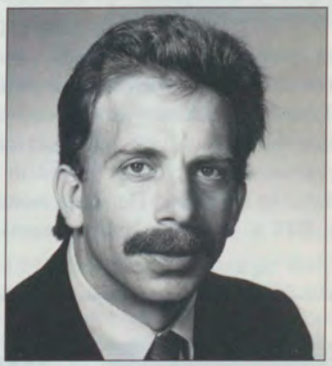
Cindy Breon
Staff Assistant

Dr. Michael Lynch
Team Physician

Kris Clark
Nutritionist

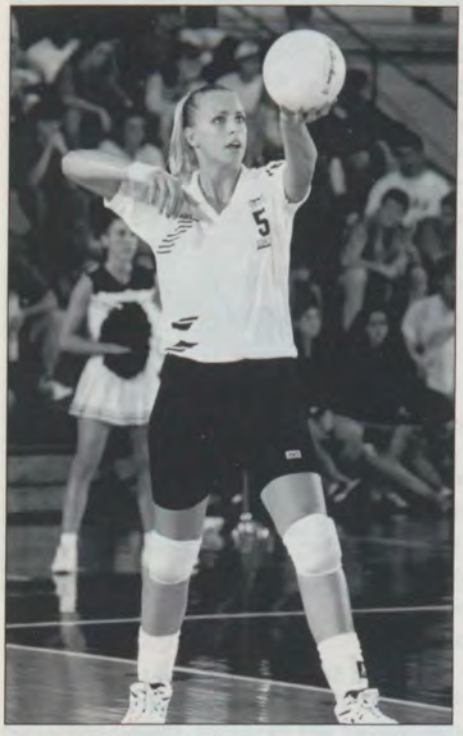
Jim Weaver
Academic Counselor

Chip Harrison
Strength Training Specialist

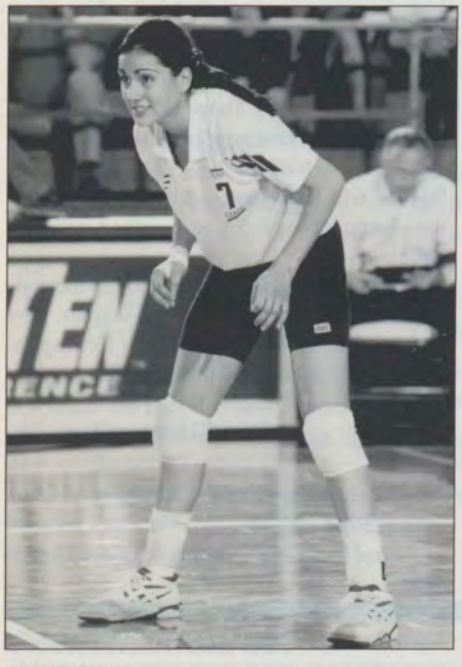


Dr. David Yukelson
Sports Psychologist

Dr. William Kraemer
Director of Research,
Center for Sports Medicine



Teri Zemaitis



Zeynep Ton

THE OUTLOOK

Penn State's Distinguished History To Be Continued By Young & Untested Talent

A new look. A loaded schedule. And an impressive history to build on.

As they start their 17th season under head coach Russ Rose, the Penn State Lady Lions will find themselves in an unfamiliar role as the season begins — that of the underdog.

Gone from the court are four powerhouse starters — Salima Davidson, Saundi Lamoureux, Laura Cook and Jen Reimers — who helped distinguish Penn State's reputation by leading the Lady Lions to two Big Ten titles and two straight appearances in the NCAA Tournament semifinals.

"What those people did to keep us alive and keep us in games is something that we may never replace. That was such a special group of very talented women," Rose stated.

"Clearly, it's going to be a different team. We're going to be bigger in size, so, hopefully, we'll be a better spiking and blocking team, but I don't see how our ball-handling is going to be anywhere near what it has been as we have led the conference in digging all four years."

Reimers led the Big Ten in digs the last two seasons with Cook and Davidson listed among the Top 10 each year.

In 1995, the Lady Lions will develop a fresh look as they strive to create new memories in search of their 15th straight appearance in the NCAA Tournament. Penn State is one of only five teams that has competed in every NCAA postseason event.

The leadership task will fall primarily on the capable shoulders of senior Zeynep Ton. The outside hitter was selected to the NCAA Mideast All-Region squad for the second straight time and was named an honorable-mention All-Big Ten pick last year. She placed fourth in the conference in digs (3.34 per game) behind two of her senior teammates and tied for 12th in the conference in hitting efficiency (.271) in all matches.

Among her accomplishments off the court, Ton is the model student-athlete having earned first-team GTE/CoSIDA Academic All-America honors in 1994 with a 3.97 grade-point average in industrial engineering.

Rose also will be looking for senior backrow player Andrea Boner to step up and provide much needed experience with the backrow troops.

"We're going to have some serious holes to fill," Rose confirmed, "but I believe that we have people here that have aspirations to play at a high level and they're going to be excited and receptive to the challenges."

Led by Ton, Penn State will be powered by a talented group of underclassmen. Junior outside hitter Angie Kammer, who was selected by her teammates as a co-captain along with Ton, will be crucial in strengthening the Lady Lions' chemistry. Sophomore sensation Terri Zemaitis — the only returning starter besides Ton — also is expected to contribute heavily. The middle hitter tied for third in the conference in blocks (1.32 per game) last fall.

Redshirt freshman Samantha Spink will fill the void of Davidson's big shoes in the setter position, starting what could be another stellar career that has blessed a bevy of Lady Lion setters.

"I don't recall having a player that's worked as hard in her redshirt year as Samantha Spink," Rose said. "So, whether we win or lose, I'm comfortable that she's given us everything she's got."

The remaining two starting positions aren't as easy to predict. With the loss of four senior starters, Rose sees a wide-open battle during preseason practice.

To fill the void left by these talented players, Rose will begin his tutelage of five freshmen and two redshirt sophomores.

"I think Nikki Higley (middle blocker) has a real good opportunity to play right now with the tools that she presently has," stated Penn State's 16-year coach. "I think she's a good ball-handler and a solid hitter. She could help us on either the left side or middle."

Higley, of North Branch, Minn., could be joined in the lineup by outside hitter Emily Stout of Seymour, Ind.

"I'm very high on Emily Stout," Rose said. "I think she not only can be our back-up setter, but can play middle and the right side. I feel she's a great blocker. She's going to have some opportunity as a freshman to go in and block some of the big hitters in the Big Ten."

Also joining the Lady Lion ranks are freshmen outside hitters Cara Armstrong (Uniontown, Ohio) and Christy Cochran (Bethlehem, Pa.), and backrow specialist Amanda Thomas (Huntingdon, Pa.).

Andrea Boner

But the key for the Lady Lions could be how well the veterans who have been waiting in the wings perform. They've been practicing with and against one of the best teams in the country for the last two seasons and now it's their time to show what they've learned.

Juniors Jodi Niswender (middle blocker), Claudette Otero (backrow specialist) and Heidi Rottinghaus (outside hitter) and redshirt sophomore Jen Burdis (backrow specialist) all will bring quality experience from last year and be vital in developing depth for the team.

Also returning from last season's squad are sophomores Lindsay Anderson (outside hitter), Teri Wroblewski (middle blocker) and redshirt freshman Tomuke Ebuwei (outside hitter).

Rose said the passing game will be vital for the Lady Lions, and three outside hitters will control the team's success.

"If Angie, Heidi and Zeynep can receive serve at a competitive level, then I think we're going to be a very competitive team," he noted. "I think that's a really big question mark because it's one of the keys to volleyball success."

And going unnoticed is something the team doesn't count on doing. The Lady Lions capped another stellar season last fall. After placing second in the Big Ten to Ohio State in the regular-season, Penn State soared to its second consecutive trip to the Final Four.

The Lady Lions defeated Mid-American Conference champion Ball State and Notre Dame before winning the Mideast Regional in a match Rose called the highlight of the year. The Lady Lions beat undefeated and No. 1-ranked Nebraska in Lincoln, winning three straight games after dropping the first. Penn State avenged its 1990 tournament loss, when it entered the Mideast Regional final with a 44-0 record, only to be sent home by Nebraska in four games.

After stunning the Lady Huskers, Penn State lost a nail-biting five-game contest to UCLA in the semifinals, finishing its season 31-4 (17-3 Big Ten). Added with the credentials of the 1993 team — which went 31-5, won the Big Ten title and played in the national championship match — the Lady Lions have a strong foundation upon which to build.

The experience the team gained last year will be vital throughout the season. That's because Penn State's schedule is loaded this year. The Lady Lions will have no time to rest, starting the season with the NACWAA Classic at Nebraska, where they'll face the Lady Huskers in the first round. Penn State also could meet defending national champion Stanford, which sets on the other side of the four-team field. Rose picks Nebraska and Stanford as the preseason favorites to win the national title.

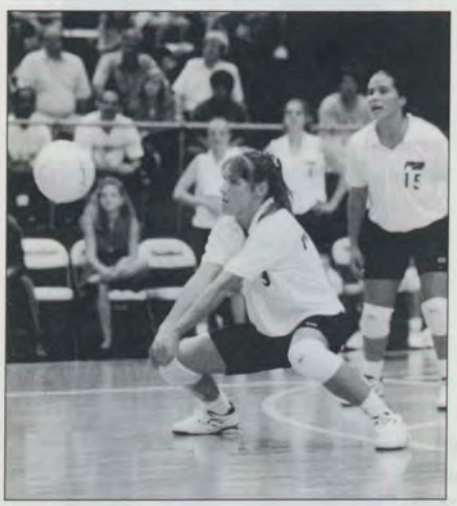
"I think the NACWAA Classic certainly will magnify our weaknesses at the beginning of the year. Clearly, we're not going to win as much as we are accustomed, but we're going to know a lot more about ourselves as a team. We're going to get better," he said. "The wheels could fall off early with our schedule, but we will be able to rebound and put it together."

The Lady Lions also will face stiff competition from squads they haven't seen in a while — Washington, New Mexico, Duke and George Mason. Penn State also will meet Oregon State, a dangerous Pac 10 team, and Big Eight foe Iowa State for the first time.

"It's the toughest schedule we've ever had," admitted Rose.

And that's just for starters. Competition in the Big Ten will be fierce this season — and much more balanced and unpredictable than last year.

Look for perennial powerhouses Ohio State and Illinois to soar again, with a talented



Heidi Rottinghaus

Angie Kammer

Michigan State and Iowa teams ready to upset them all. The defending conference champion Buckeyes will be strong. Illinois has added three foreign athletes to the roster and certainly will be much improved. Michigan State, which upset the Lady Lions in five games last year, bowed out in the first round of the NCAA Tournament along with Iowa and Wisconsin.

Both the Hawkeyes, who finished third, and the Badgers return their entire teams. Penn State starts conference play Sept. 22 at Indiana.

"This is clearly the most wide open Big Ten Conference season in years with every team feeling good about their chances to move up in the rankings," explained the 1993 Big Ten Coach-of-the-Year. "I think the conference will have more parity than ever and the champion may not be crowned until the last match."

And if the Lady Lions hope to top the conference for the third time in five seasons, they only have to look to the sidelines for inspiration. Rose will be aided this year by a familiar face — Reimers, who will lend her talent and knowledge as an undergraduate student assistant.

And even though the Lady Lions will be young, Rose isn't worried. He looks forward to facing the challenges this season will provide.

"We can finish .500 and have a heck of a team," he said. "These players are the foundation of a very good team coming up within the next few years. I think we have six or seven solid young players that, if we can get some other good people around them, we will have every right to think that we can compete for the national championship. We know that needs to remain the goal!"

1995 PENN STATE WOMEN'S VOLLEYBALL ALPHABETICAL ROSTER

No.	Name	Class-Elig.	Pos.	Ht.	High School/Hometown
8	Lindsay Anderson*	So.-So.	OH	6-0	Crystal Lake Central/Crystal Lake, Ill.
14	Cara Armstrong	Fr.-Fr.	OH	6-0	Lake/Uniontown, Ohio
3	Andrea Boner***	Sr.-Sr.	BR	5-10	Dallastown/Seven Valleys, Pa.
2	Jen Burdis*	Jr.-So.	BR/S	5-2	Blue Mountain/Orwigsburg, Pa.
11	Christy Cochran	Fr.-Fr.	OH	5-9	Bethlehem Catholic/Bethlehem, Pa.
16	Tomuke Ebuwei	So.-Fr.	OH	5-7	Elizabeth Seton/Ft. Washington, Md.
4	Nikki Higley	Fr.-Fr.	MB	6-0	North Branch/North Branch, Minn.
10	Angie Kammer**	Jr.-Jr.	OH	5-10	Burris/Muncie, Ind.
13	Jodi Niswender**	Jr.-Jr.	MB	6-0	Fort Collins/Fort Collins, Colo.
15	Claudette Otero**	Jr.-Jr.	BR	5-3	Berkeley Prep/Tampa, Fla.
6	Heidi Rottinghaus**	Jr.-Jr.	OH	5-8	Columbus East/Columbus, Ind.
9	Samantha Spink	So.-Fr.	S	5-9	Coeur d'Alene/Coeur d'Alene, Idaho
1	Emily Stout	Fr.-Fr.	OH	6-1	Seymour/Seymour, Ind.
17	Amanda Thomas	Fr.-Fr.	BR	5-4	Huntingdon Area/Huntingdon, Pa.
7	Zeynep Ton***	Sr.-Sr.	OH	5-10	Uskudar/Istanbul, Turkey
12	Teri Wroblewski*	So.-So.	MB	5-10	Pius XI/Milwaukee, Wis.
5	Terri Zemaitis*	So.-So.	MH	6-2	Downers Grove South/Downers Grove, Ill.

Head Coach: Russ Rose
Assistant Coaches: Erin Tomblin, Michael Schall, Jen Reimers

**Letters won.*

1995 PENN STATE WOMEN'S VOLLEYBALL NUMERICAL ROSTER

No.	Name	Class-Elig.	Pos.	Ht.	High School/Hometown
1	Emily Stout	Fr.-Fr.	OH	6-1	Seymour/Seymour, Ind.
2	Jen Burdis*	Jr.-So.	BR/S	5-2	Blue Mountain/Orwigsburg, Pa.
3	Andrea Boner***	Sr.-Sr.	BR	5-10	Dallastown/Seven Valleys, Pa.
4	Nikki Higley	Fr.-Fr.	MB	6-0	North Branch/North Branch, Minn.
5	Terri Zemaitis*	So.-So.	MH	6-2	Downers Grove South/Downers Grove, Ill.
6	Heidi Rottinghaus**	Jr.-Jr.	OH	5-8	Columbus East/Columbus, Ind.
7	Zeynep Ton***	Sr.-Sr.	OH	5-10	Uskudar/Istanbul, Turkey
8	Lindsay Anderson*	So.-So.	OH	6-0	Crystal Lake Central/Crystal Lake, Ill.
9	Samantha Spink	So.-Fr.	S	5-9	Coeur d'Alene/Coeur d'Alene, Idaho
10	Angie Kammer**	Jr.-Jr.	OH	5-10	Burris/Muncie, Ind.
11	Christy Cochran	Fr.-Fr.	OH	5-9	Bethlehem Catholic/Bethlehem, Pa.
12	Teri Wroblewski*	So.-So.	MB	5-10	Pius XI/Milwaukee, Wis.
13	Jodi Niswender**	Jr.-Jr.	MB	6-0	Fort Collins/Fort Collins, Colo.
14	Cara Armstrong	Fr.-Fr.	OH	6-0	Lake/Uniontown, Ohio
15	Claudette Otero**	Jr.-Jr.	BR	5-3	Berkeley Prep/Tampa, Fla.
16	Tomuke Ebuwei	So.-Fr.	OH	5-7	Elizabeth Seton/Ft. Washington, Md.
17	Amanda Thomas	Fr.-Fr.	BR	5-4	Huntingdon Area/Huntingdon, Pa.

**Letters won.*

PRONUNCIATION KEY

Andrea Boner	BONE-er
Christy Cochran	COCK-run
Tomuke Ebuwei	ta-MU-key ah-BOO-e
Zeynep Ton	ZAY-nep Ton (like Von)
Teri Wroblewski	row-bull-WOO-ski
Terri Zemaitis	za-MY-tis

THE CO-CAPTAINS

10

ANGIE KAMMER

5-11 JUNIOR OUTSIDE HITTER
Muncie, Ind.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1993	101	29	294	.245	17	138	11
1994	121	46	368	.204	20	170	8
Career	222	75	662	.222	37	308	19

Angie Kammer has been elected as one of the co-captains for the 1995 squad...last season she played an important role on Russ Rose's bench, earning a starting position on several occasions...saw action in 32 matches, averaging 2.74 kills and almost two digs (1.95) per game...her most memorable performance of the year was a 19-kill, 20-dig day at Michigan State (Nov. 5)...also tallied double-figure kills against the Spartans (10 on Oct. 7) and Northwestern (11 on Oct. 25)...recorded double-figure digs a total of five times.

LADY LION CAREER: **1993-**Kammer appeared in 26 matches, including four of the five matches played in the NCAA Tournament... against Nebraska (Sept. 4), she had 26 digs...she recorded double-figures in kills and digs three times during the season...season-highs: 14 kills vs. Georgia Tech; 26 digs vs. Nebraska; three blocks vs. Southern Illinois.

HIGH SCHOOL: Kammer was cited for her volleyball prowess on the national, state and local levels...as a senior at Burris HS, she was recognized as a second-team All-American...also featured in the *Volleyball Monthly* annual "Fab 50" listing...a three-time all-state and all-conference selection, Kammer also received first-team All-America recognition from the USVBA...her lengthy list of honors includes invitations to the 1992 Mizuno All-American All-Star match in Albuquerque, N.M., and the 1993 Mizuno Indiana All-Star match...a four-time letterwinner, Kammer also boasts experience as a participant at the 1992 Junior Elite camp...played on Burris teams that won 161 of 162 matches over a four-year period while capturing state championships in 1989, '90 and '92...Burris was ranked No. 1 in the nation by *Volleyball Monthly* in 1992...on the club level, Kammer played for Munciana, which placed third at the 16-and-under national tournament in 1991 and second at the 18-and-under tournament in 1992.

QUOTING COACH ROSE: "Angie has great experience and knowledge of the game, a good nose for the ball and an excellent understanding of what needs to be done to be successful. She needs to make sure that she's in the type of physical shape that we can depend on for her to play not only a five-game match, but a 35-match schedule of five-game matches. I think if she can get herself into that sort of physical condition, then she's going to be the type of player that we really need. She's clearly one of our leaders, and is critical to the team's chances for success."

CAREER-HIGHS
Kills: 19 vs. Michigan State, Nov. 5, 1994
Digs: 26 vs. Nebraska, Sept. 4, 1993
Blocks: 4 vs. Ball State, Sept. 24, 1994

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ZEYNEP TON

5-11 SENIOR OUTSIDE HITTER
Istanbul, Turkey

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1992	100	18	203	.404	24	64	11
1993	373	94	903	.309	74	337	43
1994	267	74	711	.271	86	371	30
Career	740	186	1817	.305	184	772	84

Zeynep Ton, a gifted left-handed outside hitter, has had an exceptional three seasons at Penn State and will be aiming for one more during her final year of collegiate action...she began 1994 right where she left off the 1993 season, earning honorable-mention All-Big Ten recognition...averaged 3.34 digs and 2.41 kills as a starter and was second on the team with 30 service aces...ranked fourth in the Big Ten in digs per game and 13th in hitting percentage (.271)...earned first-team GTE/CoSIDA Academic All-America honors, sporting a 3.97 grade-point average in civil engineering and was selected to the Academic All-Big Ten team...garnered NCAA Mideast All-Region accolades for the second straight year...season-highs: 17 kills vs. Ball State (Sept. 24); 27 digs vs. Ohio State (Sept. 21); seven blocks vs. Purdue (Nov. 18); three aces vs. UCLA (Sept. 9).

LADY LION CAREER: **1993-**Ton emerged as one of Penn State's brightest stars...ranked sixth in the Big Ten in hitting percentage (.361), eighth in digs per game (2.88) and ninth in aces per game (0.37)...reached double-figures in kills 16 times and digs 15 times...Zeynep tore up the NCAA Tournament field, recording 75 kills and 74 digs in five games...those totals included 31 kills and 34 digs at the Final Four en route to her NCAA Championship All-Tournament team selection...she was named to the NCAA Mideast All-Tournament team, as well as All-Big Ten and All-Mideast Region...Ton was a Big Ten and GTE/CoSIDA District 2 All-Academic selection...season-highs: 27 kills vs. Ohio State (Nov. 10); five aces vs. Colorado; 20 digs vs. Brigham Young; five blocks (four times). **1992-**Ton played her way into contention for Big Ten Freshman-of-the-Year honors, despite the fact she was not a starter...is a gifted athlete who came to Penn State with highly advanced skills thanks to her involvement in Turkey's Junior National program...saw action in 26 of 32 matches as a back-up at outside hitter...played in both NCAA Tournament matches...led all reserves in kills, total attempts, hitting percentage and total blocks...season-highs: 16 kills vs. Minnesota (Nov. 21); four blocks (twice); six digs (three times).

HIGH SCHOOL: Ton competed on three national championship high school teams, a junior national title club team and the Turkey Junior National squad...a team captain, Ton led Uskudar HS to national titles in 1989, 90 and 91 and the International School Championship in 1990...led her junior club team to the national title in 1990, a second-place showing in 1991 and a third-place finish in 1992...was a participant on Turkey's Junior National team which placed seventh at the 1990 European Championship...also experienced success on the sub-junior level, competing on teams that placed third nationally in 1990 and 91.

QUOTING COACH ROSE: "I think Zeynep is clearly what college athletics is about. She's the epitome of the student-athlete. She's a great team player and a marvelous role model. She's a positive upbeat young lady who has the time for anyone to talk about anything. She's just a marvelous member of our volleyball program and university community. From a volleyball standpoint, I think Zeynep needs to be one of our key passers this year and step up offensively whether she's playing on the left or right side. She has had the luxury of having some key offensive players around her the last few seasons and now there's going to be more pressure and responsibility for her to carry that load offensively. If she can do that, which I believe she can, then we're going to be fine."

CAREER-HIGHS
Kills: 27 vs. Ohio State, Nov. 10, 1993
Digs: 27 vs. Ohio State, Sept. 21, 1994
Blocks: 7 vs. Purdue, Nov. 18, 1994
Services Aces: 5 vs. Colorado, Dec. 9, 1993

THE LADY LIONS

8

LINDSAY ANDERSON

6-0 SOPHOMORE OUTSIDE HITTER
Crystal Lake, Ill.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1994	35	12	70	.329	12	8	3
Career	35	12	70	.329	12	8	3

Lindsay Anderson should contend for a starting role this season and will be counted on heavily for strong offensive support...played in 14 matches and 21 games during her rookie season...produced a .329 hitting percentage, second-highest on the squad...totaled 35 kills and eight digs with seven total blocks...she was an alternate for the 1995 Olympic Festival...season-highs: six kills (twice); two digs (twice); four blocks vs. Kent State (Sept. 16).

HIGH SCHOOL: Anderson, a three-year starter for the Crystal Lake Central HS volleyball team, was recognized as a 1993 *Chicago Sun- Times* and *Champaign Gazette* first-team all-state member, AAU All-American, and by the *Chicago Tribune* as a second-team all-stater... voted best blocker on her scholastic team, Anderson led the Tigers to the Fox Valley Conference title...she played on the North squad in the 1993 *Chicago Sun Times* high school all-star match...Anderson participated in the USVBA Junior Olympics in 1992 and 1993, playing for the Sky High Volleyball Club...Anderson also played softball for the Tigers, starting at catcher and first base... comes from an athletic family as her father, Dan, played basketball for Marquette (1963-67).

QUOTING COACH ROSE: "I think if Lindsay can relax and develop a refreshed relationship with herself she can be an awfully good player. She's incredibly competitive and an intelligent person that is much too hard on herself at times. She's strong, works hard and I think offensively she has all the qualities to be a big time player. She is due to be an all-conference performer."

3

ANDREA BONER

5-9 SENIOR SETTER/HITTER
Seven Valleys, Pa.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1992	2	1	8	.125	0	7	3
1993	5	3	21	.095	3	49	5
1994	0	2	4	-.500	0	95	10
Career	7	6	33	.030	3	151	18

Andrea Boner, one of two seniors on the 1995 squad, will provide experience to the young backrow troops...contributed in 34 matches and 78 games last season, including all four NCAA Tournament contests...tallied 95 digs, including a season-best nine at Michigan State...averaged 1.22 digs per game...earned Academic All-Big Ten honors.

LADY LION CAREER: **1993-**Andrea Boner stepped in for injured Salima Davidson against West Virginia in the Lady Lion Classic...against the Mountaineers, Boner contributed 55 assists and seven digs...Boner played in 24 matches, notching a career-high eight digs against Iowa (Sept. 9)...named to the Academic All-Big Ten team. **1992-**Boner got a taste of Division I volleyball in 1992 by competing in 10 matches as a true freshman.

HIGH SCHOOL: Boner, the younger sister of former Lady Lion outside hitter Sue Boner, was regarded by head coach Russ Rose as the top high school prospect in Pennsylvania her senior year at Dallastown Area HS...received first-team all-county and second-team all-state recognition...was presented the Samuel H. Shipley Award for distinguished athletic achievement and the Insurance Women of York Scholarship...a captain and four-year letterwinner, Boner earned the team's most valuable player award as a senior...participated in the 1991 East-West all-star match and garnered the MVP award...competed for the South Pennsylvania junior team...played on teams that won three Keystone Regional titles and secured silver medals at the Keystone State Games and East Coast Championship...was a member of the National Honor Society...gained exposure to the Penn State volleyball program by attending Russ Rose's summer camps.

QUOTING COACH ROSE: "Andrea has been a part of the Penn State program for a number of years and I have great confidence that she will fit in wherever the team needs her the most."

2

JEN BURDIS

5-2 BACKROW SPECIALIST
SOPHOMORE REDSHIRT
Orwigsburg, Pa.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1994	0	0	0	.000	0	3	1
Career	0	0	0	.000	0	3	1

Aen Burdis will be counted on heavily for backrow duties with senior Andrea Boner...she saw action in eight matches during the 1994 season...was a vital contributor in defensive situations...had two digs against Purdue and one dig against Notre Dame in the Mideast Region semifinal match...earned Academic All-Big Ten honors for her work in the classroom.

LADY LION CAREER: **1993-**With senior backrow specialist Angie Farlow and other veteran returnees on board, Burdis gained valuable experience and opted for a redshirt to retain her freshman eligibility.

HIGH SCHOOL: Burdis was a three-sport star at Blue Mountain HS...competed on the volleyball, basketball, and track and field teams all four years...as the volleyball team's starting setter, Burdis earned all-league, all-county and all-district recognition...a team captain, she also was a first-team all-star...represented Blue Mountain in the Prudential All-Star Showcase her senior year...boasts three years of USVBA experience...competed on Junior Olympic teams in Reading, Pottsville and Bethlehem...in 1992, she was selected to compete in the Keystone State Games...as a javelin thrower, Burdis placed ninth in the Pennsylvania state high school championships...a two-time runner-up in district competition, she twice won all-league and all-county honors...also was a first-team all-star in track and field...played guard on the basketball team and participated in the Schuylkill League North-South all-star match.

QUOTING COACH ROSE: "Jen is, without question, our quickest player. Penn State has always been committed to the contributions of the smaller player and Jen will have great opportunities this season. She needs to develop a more aggressive serve but is very quick and has a good nose for the ball."

16

TOMUKE EBUWEI

5-7 OUTSIDE HITTER
FRESHMAN REDSHIRT
Ft. Washington, Md.

Tomuke Ebuwei will contribute to the spirit and emotional chemistry of the team...she has the potential to contribute a solid jump serve...her skill level dramatically improved while she redshirted the 1994 season...she has four years of eligibility remaining entering the 1995 campaign.

HIGH SCHOOL: Ebuwei lettered in volleyball, basketball and lacrosse at Elizabeth Seton HS in the Washington, D.C., area...playing outside hitter, Ebuwei was named All-Metropolitan after the 1993 season when she guided the Seton Roadrunners to a third-place finish in the league...Ebuwei played two years for the USVBA Metro-Volleyball Club...as a major contributor to the 1993 Roadrunners' league basketball title, Ebuwei was named second-team all-county...she earned an academic scholarship and aspires to follow similar career footsteps as her parents, who both are involved in the medical profession...her father, Saunders, played for Nigeria's national soccer team.

QUOTING COACH ROSE: "Tomuke displays some of the same characteristics that I recognized in Salima (starting setter who graduated last season). Although Tomuke's not going to be a setter, she possesses great energy that seems to keep everyone's work-ethic really high and she has great desire to be a really good volleyball player. She improved her ball-handling during her redshirt year and should continue to do that during the preseason. If she can continue her progress, she has the potential to really make an impact on the court."

13

JODI NISWENDER

6-1 JUNIOR MIDDLE BLOCKER
Fort Collins, Colo.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1993	25	6	59	.322	14	18	1
1994	25	15	59	.169	9	27	1
Career	50	21	118	.246	23	45	2

Jodi Niswender will be looked upon for strong offensive production in 1995...has the skills and work-ethic to provide a definite spark on the floor...appeared in 19 games during 1994, recording five kills and seven digs in the four-game victory at Florida State...in the NCAA semifinal match with UCLA, Niswender played in three games, adding three kills and three digs with a pair of blocks...season-highs: five kills vs. Florida State (Sept. 10); seven digs vs. Florida State (Sept. 10); two blocks (twice).

LADY LION CAREER: **1993-**Niswender saw action in 12 matches, starting several times for injured middle blocker Jenny Myszewski...recorded a .322 hitting efficiency mark that included 25 kills...hit .357 against Big Ten opponents...her best match was against Purdue, with five kills and five digs...season-highs: five kills vs. Purdue (Nov. 6); five digs vs. Purdue (Nov. 6); three blocks (twice).

HIGH SCHOOL: Niswender distinguished herself academically and athletically at Fort Collins HS in Colorado...as a starting middle blocker/outside hitter for the volleyball team and post player for the basketball team, she earned all-state and all-conference honors three times in each sport...also was a team captain in both sports...participation in the annual North-South all-star match was one of the highlights of her senior year...selected to compete in the 1993 All-State Games...her volleyball teams placed second in the state her junior and senior seasons...on the academic side, Niswender was honored annually for her excellence in the classroom.

QUOTING COACH ROSE: "Jodi has the mechanics to hit the ball hard and quick. She's not going to be a big middle hitter, but she's going to be a successful competitive hitter. If Jodi can process what she's seen and learned the last two seasons and picked up what was available from the players that have proceeded her, then we should have an opportunity to have a good season. Her work-ethic is exemplary and she has a sincere desire to be the best she can. She will surprise some teams this year."

CAREER-HIGHS
Kills: 5 (twice)
Digs: 7 vs. Florida State, Sept. 10, 1994
Blocks: three (twice)

15

CLAUDETTE OTERO

5-3 JUNIOR BACKROW SPECIALIST
Tampa, Fla.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1993	0	1	4	-.250	0	103	5
1994	1	1	4	.000	2	78	11
Career	1	2	8	-.125	2	181	14

Claudette Otero will be expected to again contend for the leading role as a backrow specialist this season...stepped up her play with the departure of senior Angie Farlow and emerged as one of the leading backrow specialists in 1994...played in 29 matches and 74 games during the season...tallied 78 kills, second-highest among non-starters, while contributing 11 service aces...had nine digs at Ball State (Sept. 24)...recorded the first kill of her career in the season-opener with San Francisco and notched a pair of blocks against St. Bonaventure...season-highs: nine digs at Ball State (Sept. 24); three aces at Indiana (Sept. 23).

LADY LION CAREER: **1993-**Otero played in 31 matches while gaining backrow experience...recorded a season-high 12 digs against Colorado in the NCAA Mideast Region semifinal...played in both matches of the Final Four...season-high: 12 digs vs. Colorado.

HIGH SCHOOL: Otero won three letters as a setter and defensive specialist at Berkeley Preparatory...an honorable-mention all-conference selection her senior year, Otero was presented Coaches Awards annually during her scholastic career...a team captain, she played on teams that captured four state championships...as a forward and goalie for the soccer team, she was honorable-mention all-conference...received the Most Improved and Sportsmanship awards.

QUOTING COACH ROSE: "Claudette is a player that has the potential to really rally her teammates. She possesses all the skills and has a good understanding of the game. She needs to get herself into a position where she can be the best she can be and compete for the top backrow position. I think that position will be one of our most competitive this year because of the lack of experience by many of the players."

CAREER-HIGHS
Digs: 12 vs. Colorado, Dec. 9, 1993
Service Aces: 3 vs. Indiana, Sept. 23, 1994

6

HEIDI ROTTINGHAUS

5-8 JUNIOR OUTSIDE HITTER
Columbus, Ind.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1993	15	12	70	.043	2	96	10
1994	32	11	87	.241	3	118	14
Career	47	23	157	.153	5	214	24

Heidi Rottinghaus will provide solid experience for a young team in 1995, having missed just one match during her career...appeared in all 35 matches last year and was a steady competitor...totaled 118 digs and 32 kills during the season with a high of 15 digs against Ohio State (Sept. 21)...earned Academic All-Big Ten honors for her work in the classroom...season-highs: eight kills vs. St. Bonaventure (Sept. 17); 15 digs vs. Ohio State (Sept. 21); four aces vs. LSU (Sept. 10).

LADY LION CAREER: **1993-**Rottinghaus saw action in 35 of 36 matches, recording a total of 96 digs...her season-highs included 12 digs against Lehigh and four aces in the five-game victory over West Virginia...twice during the season, Rottinghaus recorded four blocks...season-highs: five kills vs. Nebraska; four blocks (twice).

HIGH SCHOOL: At Columbus East HS, Rottinghaus left an indelible mark on the teams she participated on at the high school, club and national levels...the *Volleyball Monthly* "Fab 50" selection was a 1992 first-team all-state performer and a two-time Hoosier Hills all-conference pick...chosen All-Area Player-of-the-Year by *The Republic* newspaper...a four-year starter and letterwinner, Rottinghaus was selected to compete in the 1993 Indiana Coaches Association all-star match...as a senior captain, she led Columbus East to the Final Four of the Indiana state tournament...voted her team's MVP in 1991 and '92, Rottinghaus was a sensational all-around player...while attending the Elite Camp at the Olympic Training Center in Colorado Springs, Colo., she earned a spot on the 1992 U.S. Junior Olympic team and received the Judy Bellomo Memorial Scholarship...a 1989 AAU All-American, she earned MVP honors at the University of Kentucky summer camp in 1991...is a six-year veteran of USVBA club competition...during the four years she spent with the Circle City Club in Indianapolis, Rottinghaus played on several USVBA title teams...was one of six athletes named first-team All-America by the USVBA...a member of the National Honor Society, she ranked ninth in a class of 275 and made the honor roll in eight semesters.

QUOTING COACH ROSE: "My expectations for Heidi are very high. I think she should be able to pass two-thirds of the court and be a player that we can depend on offensively to keep the ball in play and create an opportunity to get a critical kill. She's someone we need to step up offensively. There are not very many players that played in the championship match of the USVBA nationals for a national championship, and then again as a freshman played in the finals for an NCAA Division I championship in the same calendar year, so I think that demonstrates the positive contributions that Heidi possesses."

CAREER-HIGHS
Kills: 8 vs. St. Bonaventure, Sept. 17, 1994
Digs: 15 digs vs. Ohio State, Sept. 21, 1994
Blocks: Four (twice)
Service Aces: 4 vs.LSU, Sept. 10, 1994

9

SAMANTHA SPINK

5-9 SETTER
FRESHMAN REDSHIRT
Coeur d'Alene, Idaho

Samantha Spink will begin a new setting era for Penn State in 1995 and take the reigns from three-time All-American Salima Davidson...like several Lady Lion setters, she redshirted her freshman season and learned from Davidson while gaining valuable lessons on the practice floor.

HIGH SCHOOL: Spink, the setter for Coeur d'Alene HS, led the Vikings to a third-place finish in the 1993 Idaho state tournament and received first-team all-state honors...Spink was named Athlete-of-the-Year by her high school and the Spokane Sportscasters...she played for the S.P.E.C.S. Elite Club team...contributed to the Vikings' state basketball championship and a third-place finish during her career...she received basketball all-state honorable-mention honors in 1994 and was the Vikings' MVP, as well MVP of the East/West District I all-star game...Spink also was a three-year Outstanding State Scholar-Athlete with a 4.0 grade-point average and earned the A.V.C.A. Scholastic National Award in 1993.

QUOTING COACH ROSE: "Samantha is clearly one of the hardest working players that we have in the program right now. She spent a lot of time in the gym and in the weight room last year. I think Samantha has the opportunity to have a bright future here. She's a very competitive, intelligent player with solid leadership skills. Her biggest strength is her work-ethic. I don't anticipate her being the top setter in the conference this year, but I have no reason to believe that she won't be the hardest working setter in the conference and will have a bright future at Penn State."

12

TERI WROBLEWSKI

5-10 SOPHOMORE MIDDLE BLOCKER
Milwaukee, Wis.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1994	3	3	1	.250	0	3	0

Teri Wroblewski spent her rookie season getting adjusted to collegiate volleyball and the Penn State system...she saw action in three matches, recording a kill in each of the three games she appeared in and tallied three digs in the Sept. 3 contest with Rutgers.

HIGH SCHOOL: Wroblewski played volleyball and basketball for Pius XI, one of the most successful high school athletic programs in the country...she led the Lady Pope volleyball team to its eighth consecutive state title...named a Mizuno second-team All-American and first-team all-state...also a *Volleyball Monthly* "Fab 50" selection and Wisconsin's Player-of-the-Year in 1993, Wroblewski played for the Milwaukee Sting Volleyball Club...she was named to the Texas Lone Star Classic national qualifying all-tournament team in 1991...played forward for the Lady Pope basketball team, helping it to a 12th consecutive state championship, which is a national record...attended the same high school as former Lady Lion Jenny Myszewski.

QUOTING COACH ROSE: "Teri is a young lady that has made some real positive strides. She is one of our hardest hitters, but is caught in between positions right now. She was a high school All-American middle blocker but at the collegiate level, she has struggled at that position. She wasn't as physical as some of her counterparts but she's really worked hard and I think that her will to work and succeed is the biggest contribution Teri made to the program last year and will throughout her career. I feel very positive about the relationship that Teri has with the program."

5

TERRI ZEMAITIS

6-2 SOPHOMORE MIDDLE HITTER
Downers Grove, Ill.

Career Statistics

Season	K	E	TA	Pct.	Blks.	Digs	SA
1994	294	119	721	.243	154	208	10

Terri Zemaitis extended her playing experience this summer as a participant in the 1995 Olympic Festival...had an outstanding rookie season cut a game short with an unfortunate injury in the fourth game of the five-game loss to UCLA in the NCAA semifinal match when she twisted her knee...earned a starting role with four seniors as she collected nine kills and nine digs in her collegiate debut against San Francisco...was named to the *Volleyball Monthly* All-Freshmen team...contributed in all 35 matches, recording 294 kills, 208 digs and 154 blocks...named to the all-tournament teams of the Penn State Classic and the Penn State Invitational...hit an eye-popping .846 against St. Bonaventure (Sept. 17) with 11 kills in 13 attempts...really emerged during the NCAA Tournament, hitting .419 against Ball State, .462 vs. Notre Dame and .483 vs. Nebraska until the injury sidelined her midway through the match with the Bruins...notched 10 double-figure kills and three double-figure dig performances...season-highs: 18 kills vs. Ohio State (Sept. 21); 15 digs (twice); 11 blocks vs. Michigan State (Nov. 5).

HIGH SCHOOL: Zemaitis, a four-year starter and a three-year captain in volleyball and basketball at Downers Grove South HS, was named the *Chicago Tribune* and the March of Dimes Chicagoland Female Athlete-of-the-Year...as a middle hitter, Zemaitis was a *Volleyball Monthly* first-team All-American and a "Fab 50" selection in 1994...in addition to being a three-time all-stater, Zemaitis was all-conference every year and currently is the Illinois record-holder for kills...Zemaitis also participated in the Chicago North-East/West All-Star game...a power forward and center, Zemaitis was a *USA Today* basketball All-American and earned all-state recognition twice...a four-time all-conference and all-area player, she helped the hoops team to the "Elite 8" in 1994...Zemaitis injured a disc in her back playing basketball her senior season that required surgery May 10, 1994... her sister, Cheryl, played volleyball at Iowa (1986-88).

QUOTING COACH ROSE: "Terri Zemaitis demonstrated at times that she was a key go-to player on our team last year and I think over the next three years she's going to have an opportunity to be one of the top players in the country. She has good size and ball-handling skills. Terri's going to have to carry a much larger offensive load this year and she's going to get a lot more swings than she's received in the past. Terri is going to have a major role in the success of our program. She needs to keep herself healthy. Terri had just started to come into her own when she twisted her knee in the NCAA semifinal game against UCLA. She established herself as one of the top players in the country the week before (at the Region matches) against Notre Dame and Nebraska."

THE NEWCOMERS

14

CARA ARMSTRONG

6-0 FRESHMAN OUTSIDE HITTER
Uniontown, Ohio

Cara Armstrong joins the Penn State squad as a recruited walk-on for the 1995 season...at Lake HS, the two-sport letterwinner excelled on and off the court...a three-year starter at outside hitter, Armstrong earned first-team accolades on the All-Federal League team, the all-county team and all-district squad...as the Blue Streaks team captain, she was named the Most Valuable Player for her excellence on the floor...her senior year, she was a state qualifier in the high jump and owns the school record with a jump of 5-6...the four-year track starter also competed in the long jump...Armstrong was a model student-athlete, earning Academic All-Ohio honors in 1995.

QUOTING COACH ROSE: "Cara Armstrong is a good athlete with solid potential. I think there's a good chance that we'll redshirt Cara and give her some time to develop within the program. She understands that we need her to work hard and I think physically she has the potential to be a pretty good player."

11

CHRISTY COCHRAN

5-9 FRESHMAN OUTSIDE HITTER
Bethlehem, Pa.

Christy Cochran started all four years for the Bethlehem Catholic HS volleyball and basketball squads...an outside hitter and middle blocker, she was a three-time all-state selection, and MVP of the Eastern Penn Conference and District II in 1993 and '94...twice selected as the *Express Times* Player-of-the-Year as she led the Hawks to the state semifinal match in 1994 and the finals in 1991...named the MVP of the 1994 Coca-Cola Classic as her squad captured the championship...the two-time team captain played in the 1995 Mizuno All-Star game which featured the Eastern Pennsylvania All-Stars against the Western team...a two-year starter for the Quickset Elite Volleyball Club team...Cochran was equally successful on the basketball court, earning all-conference and all-area accolades three times while guiding the Hawks to the state finals in 1991 and the semifinals in 1993 and '94...the National Merit Award Finalist led the league in rebounding and topped the 1,000-point plateau during her career as the squad captured four district titles and two conference championships...Cochran played in the 1995 LARC All-Star Classic that showcased the Eastern All-Stars and was a bronze medalist in the Future Stars Classic...her older brother, Tom, plays football for Duke University.

QUOTING COACH ROSE: "Christy Cochran was clearly the best athlete in Pennsylvania last year. She's not quite ready to be a big-time Division I volleyball player right now but she has all the potential. Athletically, she's in the top five-percent nationally of the graduating seniors this year, so I think when her volleyball skills catch up with her athletic ability, Christy's going to be an awfully good player. She has a tremendous work-ethic and has great energy and spirit. I always need to have a few players like that around because they are the reasons that I keep coaching — not to win a Big Ten Championship or a National Championship — to work with kids that are special people. I think they just have such a bright future and she has the ability to make others smile."

4

NIKKI HIGLEY

6-0 FRESHMAN MIDDLE BLOCKER
North Branch, Minn.

Nikki Higley guided North Branch HS into the history books during the 1993 season, as the Vikings placed third in their very first state tournament appearance...that same year, Higley reached the state semifinals as a starter for the basketball squad...North Branch proved the performance was no fluke, as the spikers returned to the state tournament in 1994, finishing fourth...the five-time All-Rum River Conference selection — twice in volleyball — earned first-team all-state honors as a senior when the squad won its second consecutive conference crown...tabbed by *Volleyball Monthly* as a "Fab 50" selection in 1995...a two-time honorable-mention all-state basketball contributor, Higley also found time to compete on the softball team that captured the 1993 conference title...she was awarded sportsmanship banners in all three trips to the state tournament.

QUOTING COACH ROSE: "Nikki's a very good athlete with a competitive energy that is quickly noticeable. She's a good student and comes from one of the top junior programs in the country. Her experience is going to be something that we're going to really depend on. She's not going to have the luxury of wasting time. I expect her to be playing against Nebraska in our first match of the season. I'm interested to see how she plays against one of the most experienced teams in the country."

1

EMILY STOUT

6-1 FRESHMAN OUTSIDE HITTER
Seymour, Ind.

Emily Stout took full advantage of Seymour HS's extracurricular athletic activities and participated in four sports, excelling on the volleyball court...she was an all-state selection in 1994 and garnered All-South Central Conference honors in 1993 and '94...named to the *Volleyball Monthly* "Fab 50" list...the two-time captain led the Owls to the conference title and advanced to the finals of the state tournament her senior year...Stout was a member of the 1994 U.S. Junior Olympic Elite team that competed in Puerto Rico...Seymour's two-time team MVP was a member of the 1995 South team which faced the Northern All-Stars...she played doubles on Seymour's tennis team, ran hurdles and long and high jumped for the track squad. and competed on the floor and vault as a gymnast...Stout is a dedicated student and was a member of the National Honor Society...her father, David, played baseball at Wabash College from 1969 to 1973.

QUOTING COACH ROSE: "Emily is a player that is going to bring a lot of things to our program. She's a great right-side player because of her ability to block and has really strong hands. She'll also train as our back-up setter. Emily's playing in one of the top junior programs in the country and I really like the opportunities that she's getting. One rotation she's setting, the next she's playing middle and then one time she's hitting right or left-side. She's going to have a lot of experience playing a variety of positions. Emily, as well as the other members of this freshman class, is why I feel very positive about the future of Penn State volleyball."

17

AMANDA THOMAS

5-4 FRESHMAN BACKROW SPECIALIST
Huntingdon, Pa.

Amanda Thomas was the three-year starting setter for the Huntingdon Area HS squad that finished the 1992 and '93 regular-seasons undefeated...Thomas was recognized as a second-team all-state athlete in 1994 and was tabbed honorable-mention in 1993...the three-time first-team All-District 6 performer led the Bearcats to the three consecutive District AAA titles and was runner-up in 1994...Thomas participated as the starting setter for three years at the Nittany Region All-Star game...her father, Bruce, played football for the University of Virginia from 1963 to 1967.

QUOTING COACH ROSE: "Amanda's a very good backrow player and I wouldn't be surprised at all if she's traveling this year as our first backrow sub. She has a good serve, competes very hard and is a solid backrow player. The only thing she doesn't have is experience at the collegiate level. Amanda's a competitive person and, hopefully, she's going to recognize her opportunity to play is there."

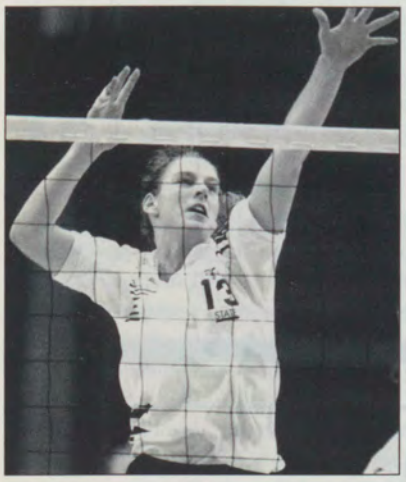
1994 RESULTS

Lindsay Anderson

Record: Overall 31-4; Big Ten, 17-3
Three-Game Matches: 25-0; **Four Games:** 6-2; **Five Games:** 0-2
Home: 17-1; **Away:** 11-2; **Neutral:** 3-1

DATE		OPPONENT	W-L	SCORES	ATTENDANCE
		PENN STATE CLASSIC			
Sept.	1	SAN FRANCISCO	W/3-0	15-7, 15-6, 15-4	743
Sept.	2	CENTRAL MICHIGAN	W/3-0	15-6, 15-8, 15-9	780
Sept.	3	RUTGERS	W/3-0	15-2, 15-6, 15-1	305
Sept.	3	AMERICAN	W/3-0	15-10, 15-6, 15-1	381
		Volleyball Monthly Invitational at Florida State			
Sept.	9	UCLA	W/3-1	10-15, 15-12, 15-12, 15-13	300
Sept.	10	at Florida State	W/3-0	15-4, 15-3, 15-10	250
Sept.	10	LSU	W/3-0	15-3, 15-9, 15-4	115
		PENN STATE INVITATIONAL			
Sept.	16	KENT STATE	W/3-0	15-0, 15-3, 15-3	1,150
Sept.	17	ST. BONAVENTURE	W/3-0	15-1, 15-2, 15-5	160
Sept.	17	CONNECTICUT	W/3-0	15-0, 15-4, 15-10	1,680
Sept.	21	OHIO STATE*	L/1-3	16-18, 9-15, 17-15, 13-15	2,250
Sept.	23	at Indiana*	W/3-1	18-16, 16-14, 9-15, 15-7	351
Sept.	24	at Ball State	W/3-1	15-7, 6-15, 15-7, 15-7	1,605
Sept.	30	at Iowa*	W/3-0	15-8, 15-12, 15-3	724
Oct.	1	at Minnesota*	W/3-1	15-7, 15-9, 9-15, 15-8	1,619
Oct.	7	MICHIGAN STATE*	W/3-1	10-15, 15-5, 15-10, 15-2	1,057
Oct.	8	MICHIGAN*	W/3-0	15-6, 15-4, 15-7	1,152
Oct.	14	at Wisconsin*	W/3-0	15-11, 15-13, 15-7	4,391
Oct.	15	at Northwestern*	W/3-0	15-6, 15-9, 15-3	513
Oct.	21	ILLINOIS*	W/3-0	15-3, 15-6, 15-11	1,300
Oct.	22	PURDUE*	W/3-0	15-8, 15-3, 15-6	1,018
Oct.	28	MINNESOTA*	W/3-0	15-5, 15-12, 15-9	1,212
Oct.	29	IOWA*	W/3-0	15-7, 15-11, 15-8	1,318
Nov.	4	at Michigan*	W/3-0	15-11, 15-8, 15-0	825
Nov.	5	at Michigan State*	L/2-3	14-16, 15-5, 16-18, 16-14, 14-16	851
Nov.	11	NORTHWESTERN*	W/3-0	15-2, 15-5, 15-10	1,230
Nov.	12	WISCONSIN*	W/3-0	15-4, 15-6, 15-5	1,157
Nov.	18	at Purdue*	W/3-0	15-3, 15-2, 15-8	1,001
Nov.	19	at Illinois*	W/3-0	15-9, 15-10, 15-1	2,715
Nov.	23	at Ohio State*	L/1-3	9-15, 3-15, 15-4, 9-15	4,900
Nov.	26	INDIANA*	W/3-0	15-4, 15-4, 15-11	1,320
		NCAA TOURNAMENT SECOND-ROUND			
Dec.	3	BALL STATE	W/3-0	15-8, 15-5, 18-16	1,620
		NCAA Tournament Mideast Regional at Nebraska			
Dec.	9	Notre Dame	W/3-0	15-4, 15-6, 15-2	4,261
Dec.	10	Nebraska	W/3-1	12-15, 15-11, 15-9, 15-8	4,248
		NCAA Tournament Semifinal at Texas			
Dec.	15	UCLA	L/2-3	15-3, 4-15, 9-15, 15-5, 11-15	7,000

**Big Ten Conference match.*



Jodi Niswender

1994 STATISTICS

ALL MATCHES

Record: 31-4 (**Home:** 17-1; **Away:** 11-2; **Neutral:** 3-1)

PLAYER	MP	GP	K	E	TA	PCT.	A	SA	SE	RE	DG	BS	BA	TB	BE	BHE
Davidson	35	117	123	16	302	.354	1500	14	21	2	366	21	95	116	15	31
Anderson	14	21	35	12	70	.329	1	3	3	0	8	2	10	12	1	1
Cook	35	115	467	122	1212	.285	21	36	46	36	437	4	37	41	10	2
Reimers	34	92	262	67	705	.277	22	16	16	36	363	10	27	37	7	1
Lamoureux	35	112	228	64	595	.276	7	10	13	2	116	44	126	170	16	3
Ton	34	111	267	74	711	.271	74	30	48	3	371	9	77	86	6	3
Wroblewski	3	3	3	1	8	.250	0	0	1	0	3	0	0	0	0	0
Zemaitis	35	116	294	119	721	.243	12	10	42	1	208	24	130	154	23	4
Rottinghaus	35	71	32	11	87	.241	6	14	22	6	118	0	3	3	2	1
Kammer	32	62	121	46	368	.204	7	8	5	12	170	1	19	20	4	3
Niswender	14	19	25	15	59	.169	1	1	5	1	27	1	8	9	2	0
Otero	29	74	1	1	4	.000	1	11	10	1	78	0	2	2	0	2
Spink	0	0	0	0	0	.000	0	0	0	0	0	0	0	0	0	0
Burdis	8	8	0	0	0	.000	0	1	0	0	3	0	0	0	0	0
Boner	32	78	0	2	4	-.500	6	10	10	0	95	0	0	0	0	0
PENN STATE	35	117	1858	550	4846	.270	1658	164	242	100	2363	116	534	383	86	51
OPPONENTS	35	117	1642	930	5216	.137	1466	103	280	190	2152	58	302	209	—	80

BIG TEN MATCHES

Record: 17-3 (**Home:** 9-1; **Away:** 8-2; **Neutral:** 0-0)

PLAYER	MP	GP	K	E	TA	PCT.	A	SA	SE	RE	DG	BS	BA	TB	BE	BHE
Davidson	20	67	79	7	191	.377	871	9	12	1	245	17	66	83	11	15
Cook	20	66	274	67	737	.281	11	22	26	25	250	3	18	21	5	0
Lamoureux	20	67	151	46	384	.273	4	9	8	1	75	31	83	114	11	1
Reimers	19	51	141	41	383	.261	9	8	9	20	203	5	14	19	2	1
Ton	20	67	173	51	481	.254	44	17	25	3	233	6	59	65	5	1
Anderson	6	7	8	3	20	.250	0	0	2	0	3	0	1	1	0	1
Kammer	19	42	94	35	276	.214	4	6	3	10	118	1	12	13	1	2
Zemaitis	20	67	155	71	408	.206	6	5	28	1	121	16	81	97	13	4
Rottinghaus	20	46	13	6	44	.159	4	7	11	4	74	0	0	0	1	0
Burdis	4	4	0	0	0	.000	0	1	0	0	2	0	0	0	0	0
Niswender	7	8	4	5	16	-.063	0	0	3	1	11	1	5	6	1	0
Boner	20	53	0	2	4	-.500	5	7	5	0	62	0	0	0	0	0
Otero	16	37	0	1	1	-1.000	1	5	4	1	45	0	0	0	0	0
PENN STATE	20	67	1092	335	2945	.257	959	96	136	67	1442	80	339	250	50	25
OPPONENTS	20	67	1027	567	3204	.144	915	70	166	122	1321	37	205	140	62	33

1994 PENN STATE VOLLEYBALL SUPERLATIVES

INDIVIDUAL BESTS

Kills: 23, Laura Cook vs. Ball State (Sept. 24).
Total Attempts: 71, Laura Cook vs. Indiana (Sept. 23).
Block Solos: 7, Saundi Lamoureux vs. Ohio State (Sept. 21).
Block Assists: 9, Terri Zemaitis vs. Michigan State (Nov. 5).
Total Blocks: 11, Terri Zemaitis vs. Michigan State (Nov. 5).
Service Aces: 4, Heidi Rottinghaus vs. LSU (Sept. 10); Laura Cook vs. Michigan State (Oct. 7 & Nov. 5).
Digs: 26, Jen Reimers vs. Nebraska (Dec. 10).
Assists: 66, Salima Davidson vs. Nebraska (Dec. 10).
Hitting Percentage (K-E-TA): .846 (11-0-13), Terri Zemaitis vs. St. Bonaventure (Sept. 17).

TEAM BESTS

Kills: 83 vs. Nebraska (Dec. 10).
Total Attempts: 242 vs. Ohio State (Sept. 21).
Block Solos: 12 vs. Ohio State (Sept. 21).
Block Assists: 32 vs. Michigan State (Nov. 5).
Total Blocks: 60 vs. Michigan State (Nov. 5).
Service Aces: 11 vs. Michigan State (Oct. 7).
Digs: 138 vs. Ohio State (Sept. 21).
Assists: 76 vs. Nebraska (Dec. 10).
Hitting Percentage (K-E-TA): .471 (39-6-70) vs. Rutgers (Sept. 3).

Another Dream Season Realized In 1994 With Trip To Austin, Texas

Coach Russ Rose was named the Mideast Region Coach-of-the-Year for 1994.

To understand the story of the Penn State volleyball team's season last year, the end of the 1993 season must be examined. Because it was then that it really started, then that the talk began and the expectations grew.

Then, before 10,000-plus fans at the University of Wisconsin Field House in Madison, the volleyball world had just witnessed a near miracle.

Ranked seventh at the end of the 1993 season, Penn State took everyone by surprise by soaring to the national championship game against Long Beach State after defeating three talented teams — Notre Dame, Colorado and No. 4 Brigham Young.

Even co-captain Salima Davidson admitted that, talent-wise, the Lady Lions were not the second-best team in the country. Some volleyball experts wrote off Penn State's miracle run as "a fluke, a team with an overly predictable offense that happened to get hot when it counted" (*Volleyball* magazine).

But those critics wouldn't make the same mistake twice. They knew that with all but two players returning, Penn State would be a team to watch in 1994. The squad was ranked third in preseason polls and climbed as high as second in the national voting.

After opening the season 4-0 to easily capture the Penn State Classic, the Lady Lions traveled to Florida State for the Volleyball Monthly Invitational. The first true test of the season came with perennial power UCLA, which had defeated the Lady Lions in four games in the Hawaii Classic in 1993. Penn State passed the test with flying colors, convincingly defeating the Bruins in four games.

"Beating UCLA earlier in the year was a good indication that this team had the potential to be very good going into the Big Ten season," coach Russ Rose said.

But it would later prove to be one win too soon.

After increasing their record to 9-0, the Lady Lions hosted the big game, the match that ESPN came to telecast to the nation. Penn State, now No. 2 in the rankings, took on Big Ten rival Ohio State in the conference-opener. The Buckeyes were ranked No. 6 and looking to gain an upset. And, in four games, they did, earning an edge in the race for the conference crown.

The Lady Lions then rattled off 13 consecutive wins (losing only four of 43 games), slashing the Big Ten competition before losing in five games to Michigan State. Standing 27-2 after four more wins, the Lady Lions could share the Big Ten title by defeating Ohio State in Columbus. But the Lady Lions' nemesis thwarted them once again in four games.

After closing out the regular-season with a win over Indiana, the Lady Lions were 28-3 (17-3 Big Ten), second in the conference and ranked No. 5 behind Nebraska, Stanford, Ohio State and UCLA, respectively.

The Lady Lions opened NCAA Tournament action at Rec Hall with a sweep of Mid-American Conference champion Ball State. The win propelled them to the Mideast Regional, where they faced No. 11 Notre Dame in the semifinal. The result was a near perfect 50-minute match in which Penn State committed only four hitting errors.

Then came the match of the year. The stage was set in Lincoln, Neb., for the regional final. The winner would earn a trip to Austin, Texas for the NCAA Final Four.

It was a case of deja vu for both teams, a flashback to 1990. Then, the Lady Lions held an amazing 44-0 record and were ranked No. 6, having become only the fifth team in NCAA history to complete the regular-season undefeated (42-0). After downing Purdue and Wisconsin, Penn State squared off with Nebraska for the regional title on the Huskers' court. When it was over, the Lady Lions were sent home with a heartbreaking four-game loss.

Now, the roles were reversed. Nebraska had just finished its first undefeated season and entered the regional final 31-0. The Huskers were ranked No. 1 and held the region's top seed for the tournament.

Once more, they had the luxury of the home-court advantage and an amazing 4,248 fans. But the Lady Lions were there for business. It was their turn to play spoiler, handing Nebraska it's first loss of the season in a four-game match.

"That match had incredible pressure that I don't think most people can even comprehend," Rose said. "Being able to go to Nebraska and beat the top-ranked team — the top-ranked undefeated team — in front of a full gym showed the country that this group was again for real."

Penn State advanced to the Final Four once again, surprising none of the critics this time around. The team faced UCLA in the semifinals, a team it had defeated earlier in the season. But, as luck would have it, the Bruins came out on top in a suspenseful five-game contest (3-15, 15-4, 15-9, 5-15, 15-11). Terri Zemaitis began peaking during the NCAA Championship but an injury early in the fourth game sidelined the talented rookie. Who knows what might have happened if fate had not been so cruel!

End of season, but the story has just begun.

High-fives were plentiful on the Penn State bench

THE BIG TEN CONFERENCE

1994 FINAL STANDINGS

		Big Ten Matches		Overall	
		W-L	Pct.	W-L	Pct.
1.	Ohio State	19-1	.950	29-3	.906
2.	**PENN STATE**	17-3	.850	31-4	.886
3.	Iowa	14-6	.700	24-9	.727
4.	Illinois	12-8	.600	23-14	.622
5.	Wisconsin	11-9	.550	21-12	.636
6.	Minnesota	10-10	.500	21-15	.583
7.	Michigan State	9-11	.450	17-15	.531
8.	Indiana	7-13	.350	16-16	.500
9.	Michigan	4-16	.200	8-23	.258
	Purdue	4-16	.200	6-23	.207
11.	Northwestern	3-17	.150	12-20	.375

1994 TEAM STATISTICAL LEADERS (All Matches)

Hitting Efficiency: Penn State, 2nd, .270 (Ohio State, 1st, .302)
Kills Per Game: Penn State, 3rd, 15.88 (Ohio State, 1st, 17.78)
Assists Per Game: Penn State, 2nd, 14.17 (Ohio State, 1st, 16.29)
Blocks Per Game: Penn State, 1st, 3.27
Service Aces Per Game: Penn State, 10th, 1.40 (Illinois, 1st, 1.93)
Digs Per Game: Penn State, 1st, 20.20

1994 INDIVIDUAL STATISTICAL LEADERS (All Matches)

Hitting Efficiency: Laura Cook, 6th, .285; Saundi Lamoureux, 8th (tie), .276; Jen Reimers, 10th, .275; Zeynep Ton, 13th, .271 (Jenny Jackson, Ohio State, 1st, .408)
Kills Per Game: Laura Cook, 7th, 4.06 (Veronica Morales, Michigan State, 1st, 5.06)
Blocks Per Game: Saundi Lamoureux, 1st, 1.52; Terri Zemaitis, 4th, 1.32
Aces Per Game: No Lady Lions in Top 10 (Gabriele Jobst, Ohio State, 1st, 0.51)
Assists Per Game: Salima Davidson, 3rd, 12.82 (Laura Davis, Ohio State, 1st, 14.64)
Digs Per Game: Jen Reimers, 1st, 3.95; Laura Cook, 2nd, 3.80; Zeynep Ton, 4th, 3.34; Salima Davidson, 7th, 3.13

Penn State is 95-23 against Big Ten opponents overall, including a 69-11 mark in Conference action.

ALL-TIME BIG TEN FINAL STANDINGS

1991: 2nd (tied with Wisconsin)
1992: 1st (tied with Illinois)
1993: 1st
1994: 2nd

First Big Ten Victory: Penn State def. Indiana, 3-1, Sept. 27, 1991 at University Park.
Longest Big Ten Winning Streak: 19, 1991-92
Longest Big Ten Home Win Streak: 28, 1991-94
Longest Big Ten Road Win Streak: 9, 1991-92
Big Ten Sweeps (Season): 17, 1993

Salima Davidson was recognized as a three-time first-team All-Big Ten performer (1992-94) and the 1993 Big Ten Player-of-the-Year. She also earned honorable-mention all-conference honors in 1991.

CONFERENCE RECORDS SINCE PENN STATE JOINED THE BIG TEN IN 1991

		W-L	Pct.
1.	Ohio State	70-10	.875
2.	**PENN STATE**	69-11	.863
3.	Illinois	59-21	.738
4.	Minnesota	48-32	.600
5.	Wisconsin	46-34	.575
6.	Michigan	32-48	.400
	Purdue	32-48	.400
8.	Iowa	24-56	.300
9.	Indiana	23-57	.288
10.	Northwestern	19-61	.238
11.	Michigan State	17-63	..213

NCAA TOURNAMENT RESULTS (RECORD: 15-14)

Season	Opponent	Result	
1981	Cincinnati	W	15-8, 15-6, 15-2
	Pacific (1)	L	10-15, 15-13, 15-10, 12-15, 13-15
1982	at Nebraska	L	13-15, 5-15, 13-15
1983	PROVIDENCE	W	15-10, 15-9, 15-9
	UCLA (2)	L	1-15, 14-16, 11-15
1984	at Northwestern	W	7-15, 15-9, 15-4, 9-15, 15-4
	Pacific (3)	L	4-15, 8-15, 12-15
1985	at Nebraska	L	8-15, 7-15, 12-15
1986	WYOMING	W	13-15, 15-2, 15-7, 15-4
	at Nebraska	L	7-15, 15-4, 16-14, 16-18, 9-15
1987	at Purdue	L	4-15, 9-15, 15-17
1988	at Notre Dame	L	13-15, 10-15, 16-14, 10-15
1989	at Illinois	L	5-15, 9-15, 2-15
1990	PURDUE	W	15-8, 16-14, 15-4
	Wisconsin (4)	W	15-6, 15-6, 15-3
	at Nebraska	L	12-15, 14-16, 15-10, 5-15
1991	COLORADO	W	8-15, 10-15, 15-11, 15-6, 15-11
	Ohio State (4)	L	15-13, 9-15, 15-11, 5-15, 11-15
1992	NOTRE DAME	W	15-13, 15-8, 15-9
	Stanford (5)	L	13-15, 6-15, 13-15
1993	NORTHERN ILLINOIS	W	15-5, 15-8, 15-8
	Colorado (6)	W	9-15, 16-14, 16-18, 15-8, 15-7
	Notre Dame (6)	W	15-12, 15-5, 15-12
	Brigham Young (7)	W	15-13, 6-15, 16-14, 15-12
	Long Beach State (7)	L	13-15, 15-12, 11-15, 14-16
1994	BALL STATE	W	15-8, 15-5, 18-16
	Notre Dame (4)	W	15-4, 15-6, 15-2
	Nebraska (4)	W	12-15, 15-11, 15-9, 15-8
	UCLA (8)	L	15-3, 4-15, 9-15, 15-5, 11-15

(1) at Northwestern
(2) at Purdue
(3) at Western Michigan
(4) at Nebraska
(5) at Illinois
(6) at Minnesota
(7) at Wisconsin
(8) at Texas

The Nittany Lion

During its nine-year affiliation with the Atlantic 10 Conference, Penn State captured all eight conference titles and never lost a regular-season match (49-0).

ATLANTIC 10 TOURNAMENT RESULTS

1983: First (Host: George Washington)			
	George Washington	W	15-6, 15-8, 15-4
	Rhode Island	W	15-11, 15-6, 15-6
	West Virginia	W	15-6, 15-6, 15-6
	Temple	W	15-8, 15-7, 15-5
	Rutgers	W	15-10, 15-9, 15-7
1984: First (Host: Rhode Island)			
	West Virginia	W	15-2, 15-5, 15-5
	Rhode Island	W	15-11, 15-4, 15-8
1985: First (Host: West Virginia)			
	George Washington	W	15-10, 15-4, 15-5
	Rhode Island	W	15-12, 15-9, 15-12
1986: First (Host: Rutgers)			
	George Washington	W	15-3, 15-4, 15-5
	Rhode Island	W	15-2, 15-9, 15-6
1987: First (Host: Rhode Island)			
	Massachusetts	W	15-6, 15-2, 15-6
	West Virginia	W	15-11, 15-5, 15-6
1988: First (Host: Penn State)			
	West Virginia	W	15-9, 15-10, 15-5
	Rhode Island	W	15-8, 15-11, 15-8
1989: First (Host: George Washington)			
	West Virginia	W	15-0, 15-3, 15-2
	Rhode Island	W	15-8, 15-7, 15-10
1990: First (Host: Temple)			
	West Virginia	W	15-5, 15-0, 15-13
	George Washington	W	15-2, 15-1, 15-5

RECORDS

MATCH

KILLS

Three Games: 25, JoAnn Elwell vs. Duke, Nov. 4, 1989.
Four Games: 28, Ellen Crandall vs. Southwest Missouri State, Oct. 1, 1981.
Five Games: 35, Lori Barberich vs. Northwestern, Dec. 1, 1984; Vida Kernich vs. Georgia, Nov. 8, 1986; Lisa Leap vs. Nebraska, Dec. 12, 1986.

JoAnn Elwell

HITTING EFFICIENCY

Three Games: .909, Michelle Jaworski vs. N.C. State, Nov. 4, 1989.
Four Games: .692, Kim Kumfer vs. Pittsburgh, Oct. 21, 1989.
Five Games: .634, Lori Barberich vs. Northwestern, Dec. 1, 1984.

SOLO BLOCKS

Three Games: 9, Ellen Crandall vs. G. Washington, Sept. 12, 1981.
Four Games: 7, Saundi Lamoureux vs. Ohio State, Sept. 21, 1994
Five Games: 5, Marcia Leap vs. Tennessee, Nov. 30, 1985; JoAnn Elwell vs. LSU, Nov. 28, 1987.

BLOCK ASSISTS

Three Games: 9, Leanne Kling vs. Southern Illinois, Oct. 29, 1990; Saundi Lamoureux vs. Notre Dame, Dec. 10, 1993.
Four Games: 11, JoAnn Elwell vs. Tennessee, Oct. 21, 1988.
Five Games: 11, JoAnn Elwell vs. N.C. State, Oct. 15, 1988.

SERVICE ACES

Three Games: 6, Jen Reimers vs. Temple, Sept. 27, 1992.
Four Games: 5, Elizabeth Ramirez vs. Florida State, Sept. 10, 1988; Jennifer Schuller vs. Hofstra, Oct. 20, 1990; Zeynep Ton vs. Ohio State, Oct. 13, 1993.
Five Games: 8, Vida Kernich vs. Northwestern, Nov. 26, 1983.

DIGS

Three Games: 25, Noelle Zientara vs. Western Mich., Sept. 23, 1989.
Four Games: 28, Laura Cook vs. Minnesota, Sept. 24, 1993.
Five Games: 40, Noelle Zientara vs. N.C. State, Oct. 15, 1988.

THE LAST TIME

Penn State Won A Regular-Season Match: vs. Indiana, Nov. 26, 1994 (15-4, 15-4, 15-11)
Penn State Lost A Regular-Season Match: at Ohio State, Nov. 23, 1994 (9-15, 3-15, 15-4, 9-15)

Penn State Won A Non-Conference Home Match: vs. Connecticut, Sept. 17, 1994 (15-0, 15-4, 15-10)
Penn State Lost A Non-Conference Home Match: vs. Nebraska, Sept. 9, 1993 (11-15, 15-9, 4-15, 17-15, 10-15)

Penn State Won A Big Ten Home Match: vs. Indiana, Nov. 26, 1994 (15-4, 15-4, 15-11)
Penn State Lost A Big Ten Home Match: vs. Ohio State, Sept. 21, 1994 (16-18, 9-15, 17-15, 13-15)

Penn State Won A Big Ten Regular-Season Match: vs. Indiana, Nov. 26, 1994 (15-4, 15-4, 15-11)
Penn State Lost A Big Ten Regular-Season Match: at Ohio State, Nov. 23, 1994 (9-15, 3-15, 15-4, 9-15)

Penn State Swept A Non-Conference Regular-Season Match: vs. Connecticut, Sept. 17, 1994 (15-0, 15-4, 15-10)
Penn State Was Swept In A Non-Conference Regular-Season Match: at Louisiana State, Sept. 5, 1992 (10-15, 8-15, 14-16)

Penn State Swept A Big Ten Regular-Season Match: vs. Indiana, Nov. 26, 1994 (15-4, 15-4, 15-11)
Penn State Was Swept In A Big Ten Regular-Season Match: at Illinois, Nov. 27, 1992 (9-15, 6-15, 12-15)

Penn State Swept Any Opponent At Home: vs. Indiana, Nov. 26, 1994 (15-4, 15-4, 15-11)
Penn State Was Swept By Any Opponent (home): vs. Cal-Santa Barbara, Sept. 18, 1986 (1-15, 7-15, 13-15)
Penn State Was Swept By Any Opponent (away): vs. Stanford, Dec. 10, 1992 in the NCAA Mideast Regional Semifinal at Illinois (13-15, 6-15, 13-15)

SEASON

KILLS

666 Lori Barberich, 1983
603 Lori Barberich, 1981
513 Ellen Crandall, 1981
512 Lori Barberich, 1984
501 Lori Barberich, 1982
483 JoAnn Elwell, 1990
480 Leanne Kling, 1991
479 Elizabeth Ramirez, 1986
477 JoAnn Elwell, 1989

HITTING PERCENTAGE

.500 Lori Barberich, 1981
.480 JoAnn Elwell, 1990
.437 Leanne Kling, 1990
.413 Ellen Hensler, 1985
.396 JoAnn Elwell, 1989
.382 Lori Barberich, 1983
.375 Lori Barberich, 1984
.369 Noelle Zientara, 1990
.354 Salima Davidson, 1994
.336 Elizabeth Ramirez, 1989
.334 Elizabeth Ramirez, 1986

ATTACKS

1,394 Lori Barberich, 1983
1,212 Laura Cook, 1994
1,202 Lori Barberich, 1982

BLOCKS

400 Marcia Leap, 1983
325 Lori Barberich, 1983
315 Ellen Hensler, 1983
205 Saundi Lamoureux, 1993
188 JoAnn Elwell, 1988
187 Marcia Leap, 1985
183 JoAnn Elwell, 1989
177 JoAnn Elwell, 1987
177 Leanne Kling, 1991
172 Lori Barberich, 1984

ACES

70 Noelle Zientara, 1988
61 Vida Kernich, 1986
60 Ellen Hensler, 1985
60 Michelle Jaworski, 1988
59 Lisa Chidester, 1983
59 Ellen Hensler, 1986
55 Vida Kernich, 1983
54 Lori Barberich, 1983
51 Lisa Chidester, 1985
49 Ellen Hensler, 1984
47 Elizabeth Ramirez, 1986

DIGS

523 Noelle Zientara, 1988
507 Kim Kumfer, 1991
443 Ellen Hensler, 1986
437 Laura Cook, 1994
430 Kim Kumfer, 1990
424 Noelle Zientara, 1989
417 Noelle Zientara, 1990
409 Jenny Schuller, 1991
406 Jen Reimers, 1993
402 Kim Kumfer, 1989
399 Vida Kernich, 1986

ASSISTS

1,966 Michelle Jaworski, 1990
1,741 Ellen Hensler, 1986
1,713 Michelle Jaworski, 1988
1,697 Michelle Jaworski, 1989
1,579 Leslie Peters, 1983
1,500 Salima Davidson, 1994
1,454 Salima Davidson, 1993
1,442 Ellen Hensler, 1984
1,397 Ellen Hensler, 1985
1,265 Salima Davidson, 1992
1,236 Salima Davidson, 1991

CAREER

KILLS

2,282 Lori Barberich, 1981-84
1,577 JoAnn Elwell, 1987-90
1,482 Marcia Leap, 1982-85

HITTING EFFICIENCY

.385 JoAnn Elwell, 1987-90
.384 Lori Barberich, 1981-84

SOLO BLOCKS

547 Saundi Lamoureux, 1991-94
531 Lori Barberich, 1981-84

ASSISTS

6,596 Michelle Jaworski, 1987-90
5,455 Salima Davidson, 1991-94
4,774 Ellen Hensler, 1983-86

SERVICE ACES

235 Ellen Hensler, 1983-86
186 Vida Kernich, 1983-86
175 Lori Barberich, 1981-84

DIGS

1,685 Kim Kumfer, 1989-92
1,522 Noelle Zientara, 1987-90
1,293 Ellen Hensler, 1983-86
1,278 Salima Davidson, 1991-94

ATTACKS

4,501 Lori Barberich, 1981-84
3,601 Marcia Leap, 1982-85

TEAM

WINNING STREAKS

44 — 1990
29 — 1981
26 — 1988, 1989
25 — 1992
23 — 1986
20 — 1993
18 — 1985

CONSECUTIVE REGULAR-SEASON WINS

52 — 1990-91

HOME WINNING STREAKS

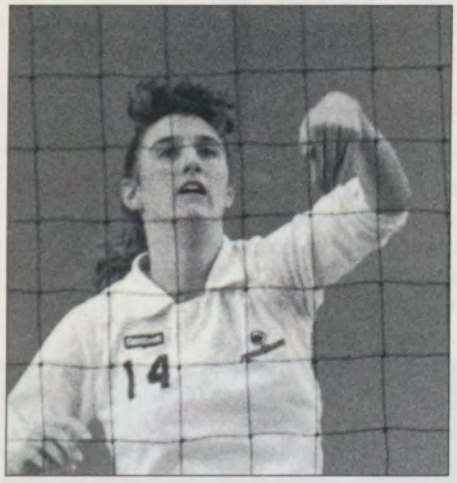
42 — 1989-91
37 — 1987-89
31 — 1991-93
14 — 1993 to present)

SWEEPS IN A SEASON

40 — 1990
29 — 1989
28 — 1985
27 — 1986
26 — 1993, 88
25 — 1992
23 — 1983

A trio of All-Americans: (from left) Michelle Jaworski, Leanne Kling & Noelle Zientara.

ALL-AMERICANS



"Penn State prepared me academically, as well as athletically, to move into a career with which I am extremely happy and successful. It challenged me to achieve all the goals which I had set for myself, as well as some I never thought I was capable of attaining. My years at Penn State were and will continue to be some of the finest and most memorable years of my life."

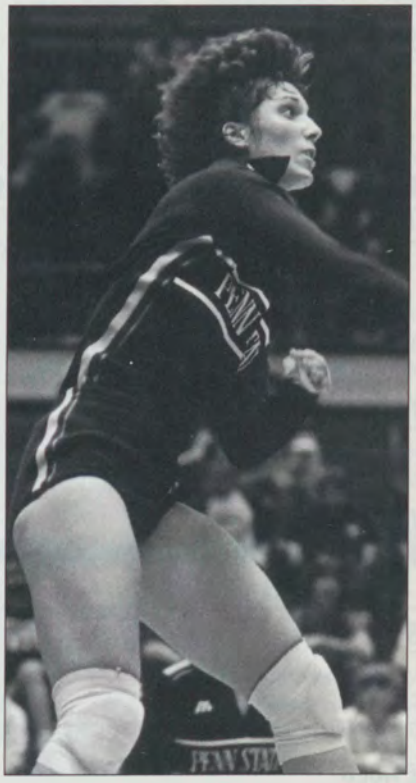
— JoAnn Elwell, All-American, 1989-90

"Penn State has assisted me in reaching the pinnacle of my professional, academic and athletic capabilities. The University has opened doors of opportunity I could never have thought possible. The dedication and discipline instilled in me while attending Penn State will continue to persevere throughout my life."

— Ellen Hensler, All-American, 1985-86

"Talent-wise, I don't think we were the second-best team in the nation. I think our team's cohesion was good and we worked well together. It's a tradition on the volleyball team at Penn State that everyone makes the effort and sacrifice to get along and that really helps."

— Salima Davidson (All-American, 1992-94) on the team's second-place national finish in 1993.



"I am very proud to be one of the pioneers who initiated the on-going tradition of success of Penn State volleyball. Penn State is in my heart. I look back very fondly on the academic and athletic experiences I encountered during my undergraduate years."

—Ellen Crandall-Orner, All-American, 1979-81

"Looking back on my four years at Penn State, it is truly a wonderful feeling to know that I reached my full potential both academically and athletically. The volleyball program provided an excellent competitive environment and the training that is necessary to attain success. I am very fortunate to have had the opportunity to compete in a Top 10 Division I volleyball program while receiving a quality education at Penn State. This positive experience laid the foundation for all of my present and future endeavors."

— Lori Barberich-Rose, All-American, 1982-84

"Penn State was the perfect choice for me because it allowed me to develop and mature as a player and person in a relaxed and enjoyable environment. I wouldn't trade my years as a Penn State athlete for anything."

— Leanne Kling, All-American, 1991-92

"I felt really comfortable with the players and Coach. I immediately felt at home on my recruiting trip. I like the mountains and the scenery at Penn State. The education and the athletic program just make it a perfect college environment."

— Laura Cook (All-American,1994) on why she decided to attend Penn State.

"The greatest statement I could make about my career at Penn State would be that if I had to make the choice again, I would still choose to attend Penn State. The school and program were great for me because it provided me with an atmosphere that allowed me to develop into the best student-athlete I could be."

— Michelle Jaworski, All-American, 1989-90

"I think the Penn State crowd is really knowledgeable of volleyball. I think they really enjoy watching us play. The students and the rest of the crowd really get involved when we play."

— Saundi Lamoureux (All-American, 1994) on the Rec Hall crowds.

"College is suppose to be the best four years of your life. Playing volleyball at Penn State proved to be one of the greatest experiences I've ever had. I'll never forget the memories."

— Noelle Zientara, All-American, 1988, 90

HONORS & AWARDS

ALL-AMERICANS

Ellen Crandall, 1979, 80, 81
Lori Barberich, 1982, 83, 84
Ellen Hensler, 1985, 86
Noelle Zientara, 1988, 90
JoAnn Elwell, 1989, 90
Michelle Jaworski, 1989, 90
Leanne Kling, 1991, 1992
Salima Davidson, 1992, 93, 94
Laura Cook, 1994
Saundi Lamoureux, 1994

AMATEUR ATHLETIC UNION ALL-AMERICANS

Noelle Zientara, 1987
Tammy Cairl, 1988
Jennifer Schuller, 1988
Terri Zemaitis, 1993

ACADEMIC ALL-AMERICANS

Lisa Vernon, 1982
Pam Schaffer, 1983
Carla LeJeune, 1983
Vida Kernich, 1986
Saundi Lamoureux, 1994
Zeynep Ton, 1994

BRODERICK AWARD NOMINEES

Ellen Crandall, 1982
Lori Barberich, 1984

UNITED STATES VOLLEYBALL ASSOCIATION ALL-ROOKIE TEAM

Ellen Crandall, 1981
Maria Josjoe, 1985

UNITED STATES NATIONAL TEAM

Ellen Crandall, 1979-80
Ellen Hensler, 1987
Michelle Jaworski, 1991
Leanne Kling, 1993
Salima Davidson, 1994

UNITED STATES NATIONAL "B" TEAM

Michelle Jaworski, 1990
JoAnn Elwell, 1990 (alternate)
Salima Davidson, 1993, 1994

UNITED STATES VOLLEYBALL ASSOCIATION JUNIOR ELITE TEAM

Noelle Zientara, 1987
Heidi Rottinghaus, 1993
Emily Stout, 1994

Lori Barberich

WORLD UNIVERSITY GAMES TEAM

Ellen Crandall, 1979-81
Lori Barberich, 1985
Ellen Hensler, 1987
Leanne Kling, 1993

UNITED STATES OLYMPIC SPORTS FESTIVAL

(Started in 1978)
Ellen Crandall, 1978, 79
Leslie Peters, 1981, 82
Jan Mosier, 1981
Patty Skadeland, 1982
Pam Schaffer, 1982 (alternate)
Lori Barberich, 1982, 83
Marcia Leap, 1982, 83 (alternate)
Ellen Hensler, 1983
Denise Navoney, 1984
Vida Kernich, 1984 (alternate)
Michelle Jaworski, 1987, 91
Elizabeth Ramirez, 1987
Heidi Pilecki, 1987 (alternate)
Tammy Cairl, 1989 (alternate)
Jennifer Schuller, 1989 (alternate)
Sue Boner, 1990
Leanne Kling, 1990
Kim Kumfer, 1990
Noelle Zientara, 1991
Salima Davidson, 1991 (alternate)
Laura Cook, 1993
Terri Zemaitis, 1994
Lindsay Anderson, 1994 (alternate)

SWEDISH NATIONAL TEAM

Maria Josjoe, 1981-85

PUERTO RICO NATIONAL TEAM

Elizabeth Ramirez, 1984-89

NCAA TOURNAMENT ALL-REGION

Lori Barberich, 1981
Ellen Crandall, 1981
Lisa Leap, 1986
JoAnn Elwell, 1990
Michelle Jaworski, 1990
Salima Davidson, 1993, 94
Saundi Lamoureux, 1993
Zeynep Ton, 1993, 94
Laura Cook, 1994

NCAA CHAMPIONSHIP ALL-TOURNAMENT TEAM

Salima Davidson, 1993, 94
Jen Reimers, 1993
Zeynep Ton, 1993

NCAA NORTHEAST ALL-REGION (1986-88)

Vida Kernich, 1986
Ellen Hensler, 1986
Lisa Leap, 1986, 87
Elizabeth Ramirez, 1986, 88
Michelle Jaworski, 1987, 88
JoAnn Elwell, 1987, 88
Noelle Zientara, 1988

NCAA MIDEAST ALL-REGION

JoAnn Elwell, 1990
Michelle Jaworski, 1990
Leanne Kling, 1990, 91, 92
Noelle Zientara, 1990
Salima Davidson, 1991, 92, 93, 94
Jenny Schuller, 1991
Laura Cook, 1992, 94
Kim Kumfer, 1992
Saundi Lamoureux, 1993, 94
Jen Reimers, 1993
Zeynep Ton, 1993, 94

ALL-BIG TEN

First-Team
Leanne Kling, 1991, 92
Laura Cook, 1992, 94
Salima Davidson, 1992, 93, 94
Saundi Lamoureux, 1993, 94
Jen Reimers, 1993
Zeynep Ton, 1993

Second-Team
Salima Davidson, 1991
Jenny Schuller, 1991

Honorable-Mention
Kim Kumfer, 1991, 92
Saundi Lamoureux, 1992
Laura Cook, 1993
Zeynep Ton, 1994

BIG TEN PLAYER-OF-THE-YEAR

Leanne Kling, 1992
Salima Davidson, 1993

BIG TEN COACH-OF-THE-YEAR

(Voted by coaches and media)
Russ Rose, 1992, 93

BIG TEN PLAYER-OF-THE-WEEK

Leanne Kling, Oct. 7, 1991
Laura Cook, Sept. 21, 1992
Salima Davidson, Sept. 28, 1992
Leanne Kling, Oct. 19, 1992
Salima Davidson, Sept. 13, 1993
Jen Reimers, Oct. 4 & 18, Nov. 1, 1993
Laura Cook, Oct. 17, 1994

ACADEMIC ALL-BIG TEN

Sue Boner, 1991
Laura Cook, 1992, 93, 94
Pam Petro, 1991
Michelle Robinson, 1991
Jenny Schuller, 1991
Erika Spencer, 1991, 92
Laura Stober, 1991
Kristi Hart, 1992
Saundi Lamoureux, 1992, 93, 94
Julie Miller, 1992
Jenny Myszewski, 1992, 93
Jen Reimers, 1992, 93, 94
Andrea Boner, 1993, 94
Zeynep Ton, 1993, 94
Heidi Rottinghaus, 1994
Jen Burdis, 1994

ALL-ATLANTIC 10

(Started in 1982)
Patty Skadeland, 1982
Lori Barberich, 1982, 83, 84
Marcia Leap, 1984, 85
Ellen Hensler, 1984, 85, 86
Vida Kernich, 1985, 86
Lisa Leap , 1986, 87
Elizabeth Ramirez, 1986, 87, 88, 89
Michelle Jaworski, 1987, 88, 89, 90
Tammy Cairl, 1988
JoAnn Elwell, 1988, 89, 90
Noelle Zientara, 1988, 89, 90
Kim Kumfer, 1989, 90
Jennifer Schuller, 1989
Leanne Kling, 1990

ATLANTIC 10 PLAYER-OF-THE-YEAR

(Started in 1983)
Lori Barberich, 1983, 84
Marcia Leap, 1985
Ellen Hensler, 1986
Lisa Leap, 1987
Noelle Zientara, 1988
JoAnn Elwell, 1989
Michelle Jaworski, 1990

Noelle Zientara

ATLANTIC 10 ROOKIE-OF-THE-YEAR

(Started in 1983)
Elizabeth Ramirez, 1986
JoAnn Elwell, 1987
Tammy Cairl, 1988
Kim Kumfer, 1989

ATLANTIC 10 ALL-TOURNAMENT TEAM

(Started in 1982)
Lori Barberich, 1982, 83, 84
Patty Skadeland, 1982
Marcia Leap, 1983, 84, 85
Leslie Peters, 1983, 84
Ellen Hensler, 1984, 85, 86
Lisa Chidester, 1985
Lisa Leap, 1986, 87
Vida Kernich, 1986
Elizabeth Ramirez, 1986, 87
Noelle Zientara, 1987, 88, 90
Joanne Elwell, 1988, 89
Michelle Jaworski, 1988, 89, 90
Jennifer Schuller, 1989, 90

ATLANTIC 10 TOURNAMENT MOST VALUABLE PLAYER

(Started in 1983)
Lori Barberich, 1983, 84
Ellen Hensler, 1985, 86
Lisa Leap, 1987
Noelle Zientara, 1988
Michelle Jaworski, 1989
Jennifer Schuller, 1990

ATLANTIC 10 ALL-ACADEMIC

(Started in 1982)
Pam Schaffer, 1982
Carla LeJeune, 1982
Lisa Vernon, 1982
Lynn Koltookian, 1983
Vida Kernich, 1984, 85, 86
Ellen Hensler, 1985
Julie Firth, 1989
Laura Stober, 1989
JoAnn Elwell, 1990
Michele Robinson, 1990

VOLLEYBALL MONTHLY FRESHMEN TO WATCH

(Started in 1983)
Ellen Hensler, 1983
Vida Kernich, 1983
Lisa Leap, 1984
Heidi Pilecki, 1985
Michelle Jaworski, 1986
Elizabeth Ramirez, 1986
Noelle Zientara, 1987
Tammy Cairl, 1988
Kim Kumfer, 1989
Leanne Kling, 1989
Saundi Lamoureux, 1991
Jenny Myszewski, 1991
Angela Kammer, 1993
Heidi Rottinghaus, 1993
Terri Zemaitis, 1994
Nikki Higley, 1995
Emily Stout, 1995

MAJOR LEAGUE VOLLEYBALL

(Started in 1987)
Ellen Crandall-Orner: Chicago, Dallas, New York, 1987-88
Lori Barberich-Rose: Dallas, 1987
Jan Mosier-Hudson: Minnesota, 1987-88
Ellen Hensler: San Francisco, Minnesota, 1987-88
Michelle Jaworski: Minnesota, 1991

ATHLETES IN ACTION

Chris Lennon, 1983, 84
Laurie Dietsch, 1986

SPECIAL AWARDS

Pam Schaffer, 1984 Ernest B. McCoy Award
Michelle Robinson, 1992 Ernest B. McCoy Award
Ellen Hensler, 1987 Pittsburgh Team Sports Award
Lisa Leap, 1988 Yugo East-West All-Star Classic
Kristi Hart, 1993 Student Marshal (College of Health & Human Development)
Zeynep Ton, 1995 Evan Pugh Award

SERIES RECORDS

Opponent	Record	Series Started	Last Win/Loss
Akron	2-0	1988	1990/
Alabama-Birmingham	1-0	1988	1988/
American	2-0	1977	1979/
Arizona	2-1	1987	1991/1987
Army	3-0	1990	1992/
Ball State	2-0	1994	1994/
Bridgeport	1-0	1976	1976/
Brigham Young	1-3	1983	1993/1984
Brigham Young-Hawaii	1-0	1992	1992/
Brockport	0-1	1977	—/1977
Brooklyn	1-0	1977	1977/
Brown	1-0	1984	1984/
Bucknell	5-0	1976	1979/
Buffalo	2-0	1977	1979/
Cal Poly San Luis Obispo	1-0	1990	1990/
Cal State-Irvine	1-0	1986	1986/
Cal State-Long Beach	2-1	1983	1990/1993
Cal State-Santa Barbara	0-1	1986	—/1986
Carleton*	1-0	1984	1984/
Central Michigan	4-0	1987	1994/
Cincinnati	4-0	1981	1989/
Clarion	2-0	1978	1979/
Clemson	1-0	1982	1982/
Cleveland State	3-1	1977	1987/1977
Colgate	1-0	1979	1979/
Colorado	4-1	1989	1993/1989
Colorado State	2-0	1980	1986/
Connecticut	4-1	1977	1994/1977
Cortland	1-3	1977	1979/1978
Delaware	2-0	1979	1981/
Duke	6-0	1985	1990/
Duquesne	7-1	1976	1990/1976
East Carolina	2-0	1980	1981/
Eastern Illinois	2-0	1986	1990/
Eastern Kentucky	3-1	1981	1988/1985
East Stroudsburg	4-5	1976	1980/1977
Edinboro	4-3	1981	1981/1978
Fairleigh Dickinson	4-0	1980	1982/
Florida	3-0	1986	1989/
Florida International	1-0	1981	1981/
Florida State	2-1	1983	1994/1983
Franklin & Marshall	1-0	1976	1976/
George Mason	7-0	1986	1989/
Georgetown	22-5	1976	1991/1979
George Washington	19-2	1977	1991/1980
Georgia	0-1	1986	—/1986
Georgia Tech	1-0	1993	1993/
Grove City	1-0	1979	1979/
Hawaii	1-0	1993	1993/
Hofstra	6-0	1981	1990/
Houston	2-2	1980	1987/1982
Howard	1-0	1979	1979/
Illinois	8-3	1981	1994/1992
Illinois-Chicago Circle	3-0	1982	1989/
Illinois State	2-2	1981	1993/1985
Immaculata	0-1	1976	—/1976
Indiana	10-0	1982	1994/
Indiana (Pa.)	5-1	1976	1979/1976
Iowa	8-0	1991	1994/
Jacksonville	1-0	1986	1986/
James Madison	3-0	1977	1982/
Kean	1-0-1	1976	1978/
Kent State	6-0	1981	1994/
Kentucky	5-1	1982	1986/1983
Lamar	1-0	1982	1982/
Laurentian*	2-0	1980	1985/
Lehigh	3-0	1989	1993/
Liberty	2-0	1989	1990/
Long Beach State	2-1	1989	1990/1993
Louisiana State	6-2	1982	1994/1992
Louisville	3-1	1982	1986/1983
Loyola (Md.)	1-0	1981	1981/
Mansfield	2-0	1977	1978/
Maryland	17-4-1	1976	1990/1980
Maryland-Baltimore County	1-0	1981	1981/
Massachusetts	6-0	1986	1990/
Memphis State	1-0	1988	1988/
Miami (O.)	2-0	1990	1991/
Michigan	10-0	1981	1994/
Michigan State	8-1	1985	1994/1994
Minnesota	8-2	1983	1994/1993
Missouri	3-0	1984	1987/
Montana	1-0	1983	1983/
Morehead State	1-0	1983	1983/
Navy	5-1	1978	1980/1979
Nebraska	2-6	1981	1994/1993
New Hampshire	1-0	1983	1983/
New Mexico	0-1	1989	—/1989
New Mexico State	1-0	1985	1985/
New York Tech	2-0	1979	1985/
North Carolina	5-0	1981	1989/
North Carolina-Greensboro	0-1	1977	—/1977
North Carolina State	6-0	1978	1989/
Northeastern	1-0	1988	1988/
Northern Illinois	1-0	1993	1993/
Northwestern	10-6	1981	1994/1991
Notre Dame	7-1	1984	1994/1988
Ohio State	11-6	1981	1993/1994
Oklahoma	1-0	1981	1981/
Oneonta	1-0	1978	1978/
Oregon	1-0	1985	1985/
Pacific	1-3	1981	1984/1984
Pennsylvania	5-0	1977	1985/
Pittsburgh	27-16	1977	1993/1987
Portland State	1-0	1983	1983/
Princeton	6-2	1977	1984/1977
Providence	10-0	1981	1988/
Purdue	12-5	1981	1994/1987

Opponent	Record	Series Started	Last Win/Loss
Queens	3-0	1981	1986/
Rhode Island	24-1	1979	1990/1985
Rice	1-0	1985	1985/
Robert Morris	2-0	1976	1977/
Rutgers	20-9	1977	1994/1982
St. Bonaventure	7-0	1987	1993/
Salisbury State	3-0-1	1976	1977/
San Diego State	2-3	1980	1990/1988
San Francisco	1-0	1994	1994/
San Jose State	1-2	1983	1989/1986
Slippery Rock	2-1	1976	1977/1976
South Carolina	1-0	1981	1981/
Southeastern Louisiana	1-0	1992	1992
Southern California	0-1	1980	/1980
Southern Connecticut	2-0	1978	1980/
Southern Illinois	3-1	1982	1993/1987
South Florida	2-0	1986	1988/
Southwest Missouri	1-1	1981	1988/1981
Stanford	0-1	1992	/1992
Syracuse	6-0	1977	1992/
Temple	13-3	1977	1992/1978
Tennessee	5-3	1982	1989/1984
Texas	1-6	1982	1990/1989
Texas A & M	3-0	1983	1990/
Texas-Arlington	3-4	1981	1990/1989
Toledo	2-0	1983	1985/
Towson	1-0	1980	1980/
Trenton State	0-0-1	1976	
UCLA	1-4	1983	1994/1994
Utah	1-0	1983	1983/
Utah State	2-0	1983	1984/
Villanova	8-0	1985	1992/
Virginia	4-0	1982	1990/
Virginia Commonwealth	2-1	1977	1986/1977
Wake Forest	1-0	1978	1978/
Washington	0-1	1992	/1992
Washington College	1-0	1978	1978/
West Chester	2-0	1977	1979/
Western Michigan	5-3	1980	1991/1987
West Texas State	1-0	1985	1985/
West Virginia	21-0	1976	1994/
William & Mary	8-1	1976	1990/1976
Wisconsin	10-0	1986	1994/
Wyoming	3-0	1981	1986/
Yale	2-0	1978	1978/

*Competition against Canadian schools is not included in NCAA totals.

AT A GLANCE

Penn State is one of only five teams in the country that has competed in all 14 NCAA Championship Tournaments.

THE BIG TEN CONFERENCE IN THE NCAA CHAMPIONSHIP

1.	Penn State	14	1981, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94
2.	Illinois	10	1985, 86, 87, 88, 89, 90, 91, 92, 93, 94
3.	Purdue	7	1981, 82, 83, 84, 85, 87, 90
4.	Ohio State	6	1989, 90, 91, 92, 93, 94
5.	Northwestern	4	1981, 82, 83, 84
	Wisconsin	4	1990, 91, 93, 94
7.	Iowa	2	1989, 94
8.	Minnesota	2	1989, 93
9.	Michigan State	1	1994

PENN STATE IN THE TACHIKARA COACHES TOP 20 POLL

1984:	14th	1990:	6th
1985:	20th	1991:	16th
1986:	14th	1992:	9th
1988:	20th	1993:	7th
1989:	11th	1994:	5th

Only 12 teams in the nation have competed in the last six NCAA Championships. Here's a glance at the success of those elite programs:

UCLA	190-16	.922
PENN STATE	194-27	.878
Long Beach State	186-27	.873
Nebraska	166-25	.869
Brigham Young	159-35	.820
Ohio State	154-37	.806
Texas	161-43	.789
Stanford	160-43	.788
Florida	162-45	.783
Hawaii	142-42	.772
Pacific	150-45	.769
Cal Santa Barbara	154-49	.759

REC HALL THE LIONS DEN

Penn State feels right at Home...
...posting an overall record of 235-16 (a 93.6 winning percentage) on its familiar court since the program began in 1976 and is 225-11 (95.3) in Rec Hall under head coach Russ Rose.

Thanks in part to the faithful followers of Penn State volleyball, the Big Ten Conference led the nation in attendance in 1994 for the fifth consecutive year.

Six Big Ten teams were among the Top 20 in average attendance last season, including Penn State.

Penn State has recorded EIGHT undefeated seasons at home:

1978	4-0
1981	8-0
1983	12-0
1984	8-0
1985	12-0
1988	19-0
1990	22-0
1992	18-0

Penn State boasts a 7-0 record in NCAA Championship games played in Rec Hall.

LADY LION VOLLEYBALL BOOSTER CLUB

The Lady Lion Volleyball Booster Club was formed to promote women's volleyball at Penn State and in the community and to provide support for the student-athletes. The Club sponsors a preseason picnic, a post-season banquet and hospitality events after home matches.

Persons interested in joining the Club may write: Penn State Lady Lion Volleyball Booster Club, P.O. Box 133, State College, Pa. 16804-0133.

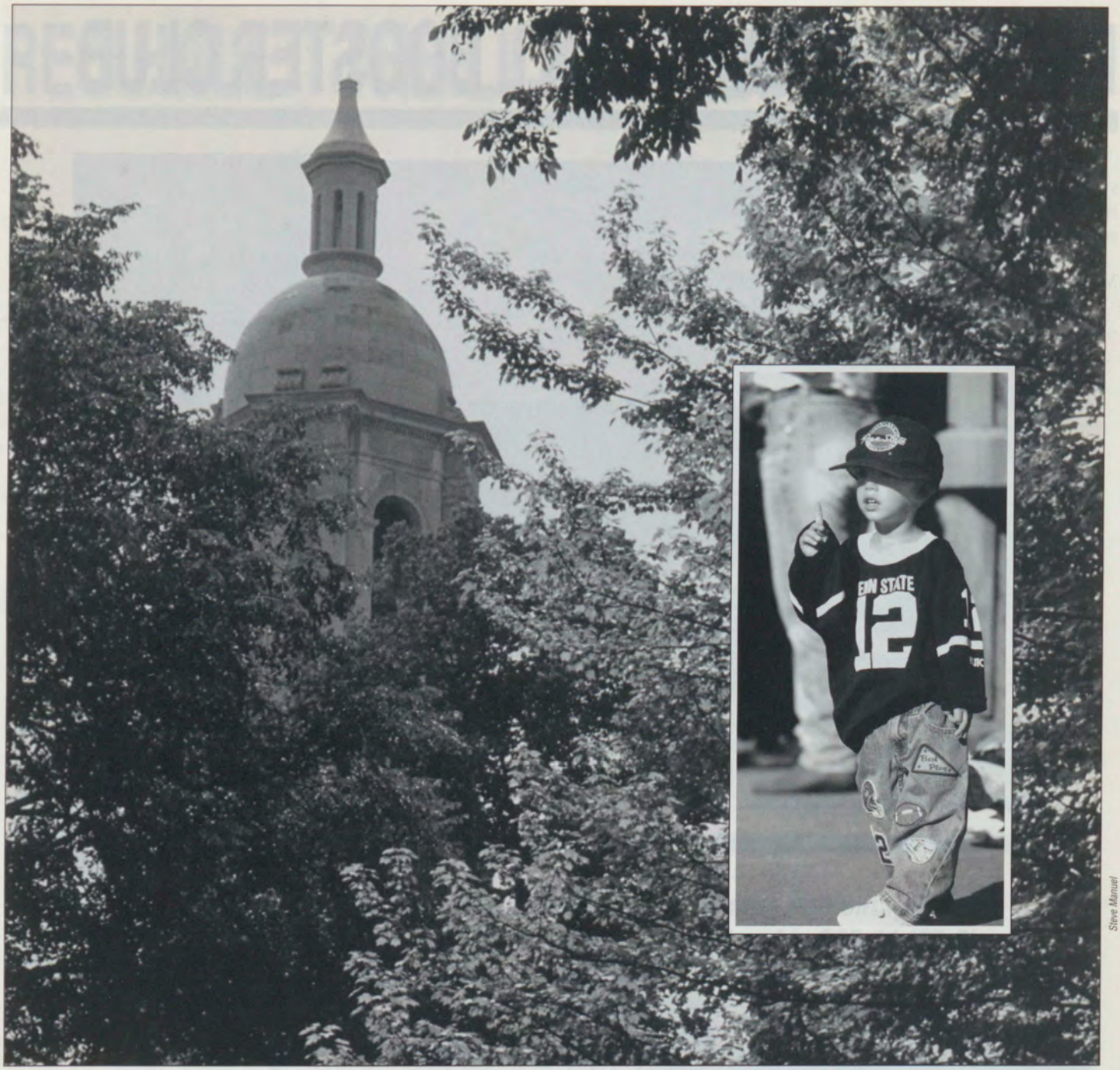
Members of the Lady Lion volleyball team and Club members enjoy socializing at the Nittany Lion Inn after a Big Ten match.

Past-president Don Widener displays one of the plaques presented to each senior at the annual Club banquet.

One of the highlights of the season is the annual Penn State Lady Lion Volleyball Booster Club banquet.

Coach Russ Rose discusses strategy with Club members at an informal question-and-answer session in the Fireside Room of the Nittany Lion Inn following a Rec Hall match.

Tom Tait, the first coach of women's volleyball at Penn State, presents Coach Russ Rose with a recognition award at the Club banquet.



Penn State Public Information

Steve Manuel

PENNSTATE

1855

"...May no act of ours bring shame
To one heart that loves thy name,
May our lives help swell thy fame.
Dear old State, dear old State."

– From Penn State Alma Mater by Fred Lewis Pattee

University Photo/Graphics

Penn State University, first chartered in 1855 with a faculty of four to teach its initial student body, has developed into one of the nation's pre-eminent institutions of higher education.

Since its inception 140 years ago, Penn State has conferred nearly 410,000 degrees. The University has 377,745 living alumni, which means one out of every 750 people in the United States is a Penn State graduate! And one in 70 Pennsylvanians attended Penn State. Nearly 69,000 students are involved in undergraduate and graduate studies at the University Park campus and Commonwealth Campuses throughout the state.

The University Park core campus is comprised of almost 500 acres and some 600 buildings — from classrooms to office buildings and residence halls to laboratories. The campus, surrounded by the town of State College, rests in the Nittany Valley in the picturesque mountains of Central Pennsylvania.

While Penn State has undergone dynamic changes, its mission remains the same — to provide teaching, research and public service of the highest quality to the people of the Commonwealth, the nation, and the world.

Penn State Public Information

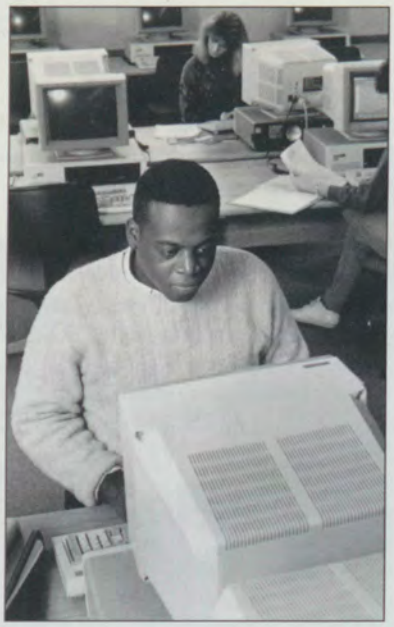
University Photo/Graphics

University Photo/Graphics

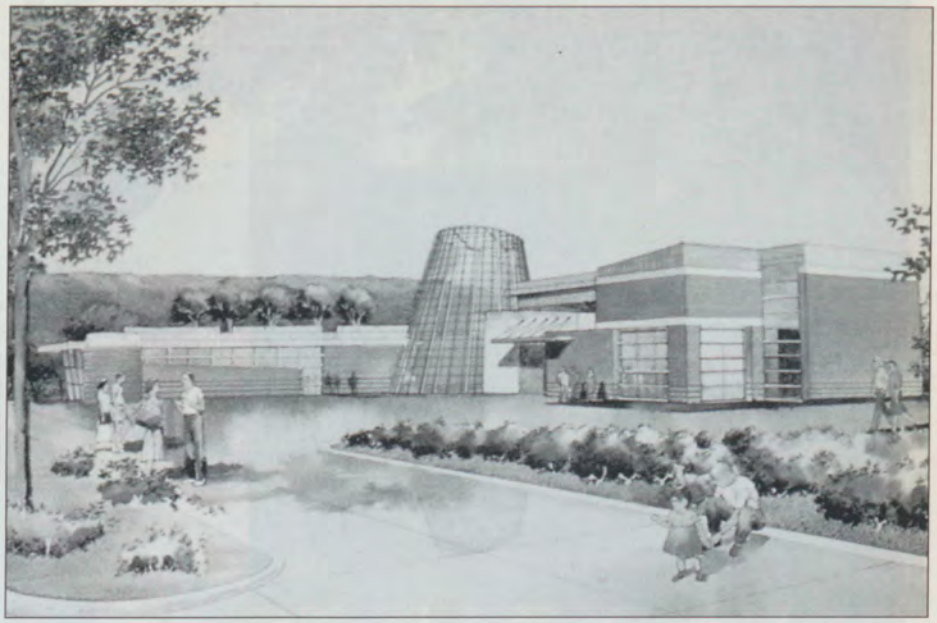
University Photo/Graphics

The Penn State Center for Sports Medicine serves all Penn State student-athletes.

University Photo/Graphics



University Photo/Graphics



The planned All-Sports Hall of Fame.

Penn State sponsors one of the largest intercollegiate athletic programs in the nation, fielding teams in 15 men's and 14 women's sports. The breadth of the University's athletic offerings has been matched by a generous harvest of national, regional and conference championships for the men and women who wear the Blue and White.

The success and achievement of Penn State's entire athletic program in 1994-95 was demonstrated in the Sears Directors' Cup survey, an all-sports competition among all Division I institutions. Penn State finished eighth in the nation to earn its second consecutive Top 10 finish, having placed No. 5 in 1993-94.

The Nittany Lions and Lady Lions compete in the prestigious Big Ten Conference, which expanded to include Penn State in 1990. As the Eastern-most member, Penn State provides a conference presence in the huge population and media centers of the Northeast, expanding both the reach and prestige of the Big Ten's athletic and academic programs.

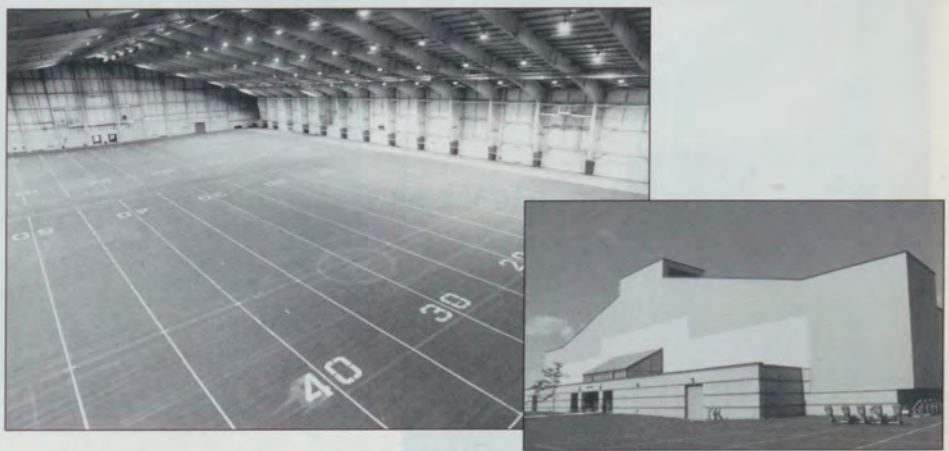
Penn State has the facilities and services to support its broad-based athletic offerings. The 15,000-seat Jordan Center, opening in January, 1996, will house a variety of campus events, including many indoor athletic contests. Other athletic venues include Jeffrey Field, the home for soccer and men's lacrosse; baseball and softball fields; Holuba Hall and its adjacent artificial turf field; Lady Lion Field; Nittany Lion Track; indoor and outdoor tennis courts; the Ernest B. McCoy Natatorium with an adjoining outdoor pool; and two University 18-hole golf courses.

The Academic Support Center for Student-Athletes, a cooperative venture between the Provost's Office and Intercollegiate Athletics, provides academic assistance and counseling for Penn State's student-athletes. The Center also sponsors a unique "Freshman Enrichment" program which concentrates on improving study skills and time management.

Eight Penn State student-athletes were selected GTE/CoSIDA All-Americans in 1994-95, including five first-team picks. Four student-athletes received NCAA Postgraduate Scholarships last year, raising the total number of Penn State NCAA awardees to 28.

Penn State, long a leader in the national athletic reform movement, challenges its student-athletes to excel in their academic pursuits as well as their athletic endeavors.

Penn State Public Information



University Photo/Graphics

Holuba Hall is a multipurpose facility available to teams for indoor practices.

WE
ARE
PENN
STATE